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Don't Let Food Spoil Handout- Expanded Nutrition & Family Programs
Michigan State University
Cooperative Extension Service
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Expanded Nutrition & Family Programs



What Makes Food Spoil?

(H)

Mold can cause molded bread.



Yeasts can cause fermented fruit.



Bacteria can cause food to spoil and decay.



Enzymes can cause overripe bananas to spoil.



Don't Let Food Spoil

Did any foods recently spoil in your home?

Yes _____ No _____

What was spoiled?

Why did the food spoil?

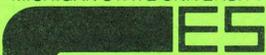
**What Kinds of Foods
Sometimes Spoil at
Your House?**

**Example:
Molded hamburger buns**

**Can You Think of Ways
to Save the Food?
Write Them Down.**

**Example:
Freeze the Buns**

MICHIGAN STATE UNIVERSITY



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