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Management of Biting Insects in Recreation Areas

Michigan State University

Cooperative Extension Service

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## In Recreation Areas . . .

# Management of Biting Insects

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*Department of Entomology*

One of Michigan's most valuable resources is the extensive outdoor recreational facilities that have been developed through the efforts of national, state and local governmental agencies, private developers, and individual land owners. Our recreational areas are undoubtedly among the finest in the nation in quality, number and diversity. Michigan residents are justly proud of their lakes, streams, parks and campgrounds and have actively supported programs to expand and improve recreational opportunities for both residents and out-of-state tourists. Land that can be utilized for recreational purposes is limited, and as this land is developed and used more intensively, more effort must be devoted to its proper management. Modernizing recreational areas with electricity and washing-bathing facilities results in their use by families and children's groups whose comfort and welfare require services not needed in more primitive or less intensively used areas.

Among the most important of these services is management of biting insect problems to reduce the annoyance, inconvenience and health hazards caused by biting flies, ticks, and mosquitoes. While it is not always practical to control these types of pests to the same degree as within cities or residential areas, a properly planned program will enable campers and visitors at Michigan's parks and campgrounds to fully utilize developed recreation areas.

Insect management programs should be of concern to all who plan, construct, operate or use recreation areas. Since the development of modern campgrounds and beach areas requires major expenditures, use rates must remain high for an adequate return on these investments. In most areas of Michigan, this requires some type of biting insect control program. The most effective programs are those that prevent the development of problems. By including an entomological evaluation in site selection studies, developers can determine if a given location has inherent biting insect problems that will reduce its attractiveness, and require costly control programs. Insect problems often are the result of construction, so care should be taken to assure that existing problems are minimized and new ones are not created.

Finally, a knowledge of the habits of biting insects will enable the operators and users of recreation facilities

to deal more effectively with problems. This publication contains general information about the biting insects commonly encountered in Michigan and recommendations for their control. Additional information can be obtained from your local Cooperative Extension Service Office or the Entomology Department, Michigan State University.

## Mosquitoes

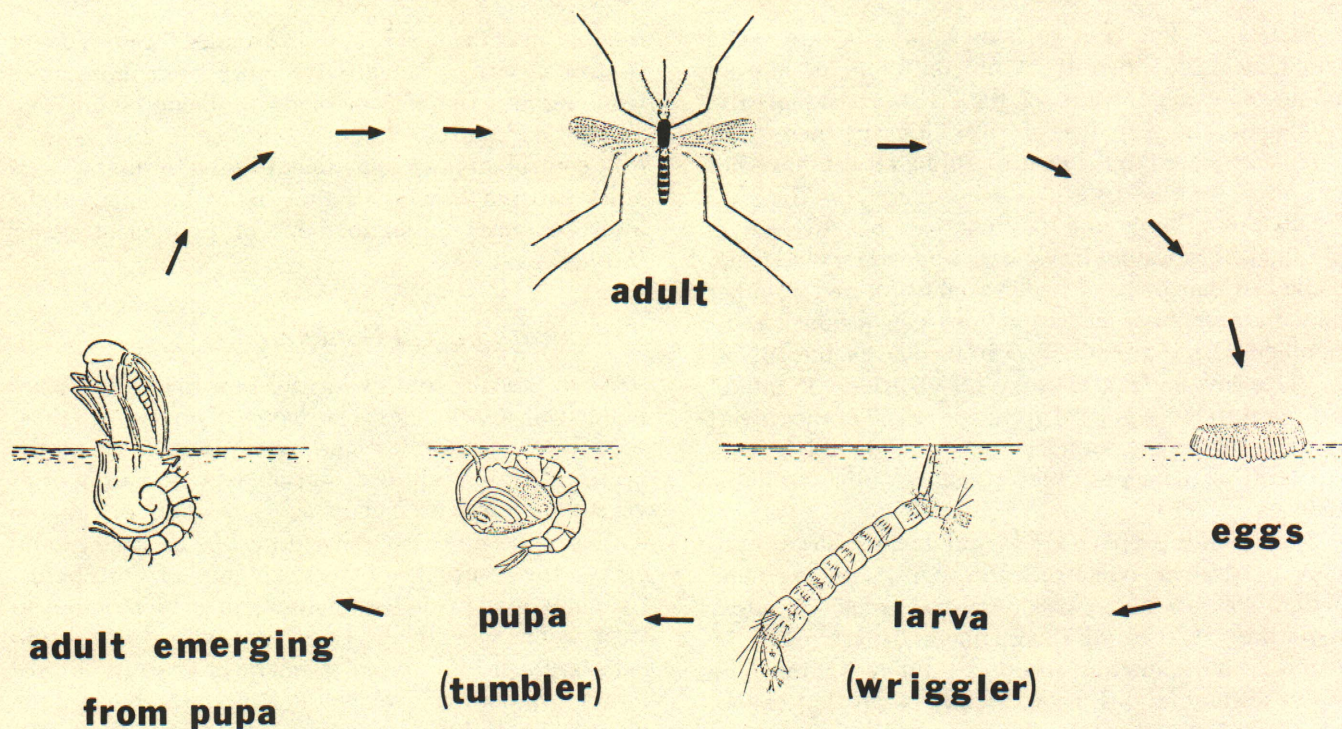
Mosquitoes are undoubtedly the most bothersome insect pests found in nearly all of the recreational areas of Michigan. At least 60 different species are known to be present, and the individual feeding habits and seasonal abundance of these species assure the presence of mosquito problems throughout Michigan during nearly all of the months of spring, summer and fall.

All mosquitoes have four distinct stages in their life cycle and the immature stages of every species develop only in water (below). An adult female mosquito may lay up to several hundred eggs during her lifetime. The location selected for depositing these eggs varies and is usually quite specific for any one species. Eggs deposited directly on standing water usually hatch within a short period of time. However, eggs deposited in depressions on damp or dry soil subject to periodic flooding may survive for prolonged periods—up to a year or more—before they are flooded and hatch.

The larvae, often called wrigglers, emerge from the eggs and feed upon minute forms of animal and plant life and decaying organic matter in the water. When fully grown, they develop into pupae. The pupal stage of the mosquito, also called a tumbler, involves a transition from the aquatic form to the adult. When this transition is completed, the pupal skin splits along the upper surface, and the adult pulls itself up and out of the floating skin—on which it rests until ready to fly. Development time from egg to adult varies with temperature, and may be as short as 7 to 10 days in mid-summer.

Only the female mosquito sucks blood, using this nutrient for development of eggs. Feeding preferences of adult females and distances they may fly to obtain a blood meal are usually quite specific for a given species,





but vary widely between species. Some feed only on birds, or wild game, or domestic animals and man. A number of species found in Michigan are such fierce biters, and appear in such large numbers, that they make some areas nearly uninhabitable. They can even pose a threat to some wildlife during the summer. Certain species fly several miles from their larval habitat while others rarely go beyond a half mile.

In addition to being nuisances, Michigan mosquitoes also transmit serious diseases such as St. Louis encephalitis, eastern and western equine encephalitis, California encephalitis and dog heartworm. Major outbreaks of St. Louis encephalitis involving humans and eastern equine encephalitis involving horses, have occurred here in recent years, and dog heartworm now is a major problem in nearly every part of the state. Thus, mosquito control is a matter of both health protection and comfort.

### Mosquito Control

Mosquito control operations may be directed against the larval or adult stage of the insect or, sometimes, both. The most satisfactory and long lasting control of mosquitoes is accomplished by eliminating or modifying existing water accumulations so they are not suitable for mosquito larvae. Proper management of existing or potential water breeding sites prevents development of mosquitoes within, and adjacent to, recreational areas and minimizes use of insecticides.

### *Permanent Larval Control*

It is not always practical or desirable to eliminate all of the standing water suitable for mosquito breeding within or close to recreation areas, but any reduction in either the number or size of these sites will help reduce mosquitoes. All water-holding trash, such as tin cans, containers and debris should be removed from campsites and surrounding areas. Other excellent locations for mosquito breeding are: shallow, sluggish streams, ponds containing plant growth, roadside ditches, swamps or marshes, woodland pools and low areas with poor drainage in which rain or flood water accumulates and remains for prolonged periods. Sewage lagoons, catch basins under camp water faucets, and improperly constructed culverts can accumulate water and foster mosquito production within camping areas.

Many relatively inexpensive and simple modifications of potential breeding sites will greatly reduce or eliminate mosquito production. Increasing the rate of flow and reducing water surface areas will decrease mosquito breeding in streams and ditches. This is frequently less expensive than other control methods. Aquatic vegetation, particularly around the shoreline of permanent ponds, sewage lagoons, lakes and streams, protects mosquito larvae and pupae from wave action and natural enemies. Thus, elimination of this vegetation often is an essential part of mosquito control. Either chemical or mechanical removal may be used, depending upon the type of vegetation, size of the area and how the water is to be used.



Surface feeding fish, such as *Gambusia*, are useful supplements to other types of control in permanent bodies of water. Strains of these fish are adapted to Michigan and capable of overwintering here. The Michigan State Department of Public Health has a list of sources for these fish.

Ditching, filling and grading can be effective in eliminating mosquito larval sites. Culverts should be installed so that pools of water are not formed at either end, because these accumulations can produce large numbers of mosquitoes. The intake end of the culvert must be low enough to carry off all water. If rate of flow or difference in level at the lower end of the culvert is likely to create potholes, an apron should be constructed of concrete, tile, brick or other suitable material.

Small ponds, seepage areas, and undesirable swamps may be drained effectively through an underground system of drainage tiles, crushed rock or other materials. If these drainage methods are used, be careful not to create additional mosquito breeding water accumulations in inaccessible areas that cannot be treated. Some of the major mosquito pests encountered in Michigan originate in the water accumulated in hollow stumps or tree rot-holes. Wooded regions in, and around, the campground area should be examined carefully to locate such sites. Fill all rot-holes and hollow stumps with sand, concrete or other materials. Mosquito production in lakes and ponds can also be drastically reduced by stabilizing shoreline water levels by damming or other methods. This allows natural predators of mosquitoes to become established and helps reduce the number of larvae that survive and develop into adults. Shoreline stabilization also prevents intermittent flooding (thus, hatching) of eggs laid on soil just above the water line.

These techniques, or any other procedure that eliminates either standing or slowly flowing water, can be an effective method of mosquito control. However, success with any of these types of permanent control measures requires an accurate knowledge of the type and location of water suitable for mosquito production. Before any mosquito control operations are begun, the entire recreation or campsite area should be examined to determine the location and nature of the actual and potential sites where water accumulation may produce habitats suitable for mosquito development. Only after this is done can one determine specific control procedures, permanent or temporary, that will provide the most effective and inexpensive mosquito control.

### *Temporary Control*

The most common methods of temporary mosquito control are the application of insecticides to kill mosquito larvae in their water habitat and use of space and

residual insecticide sprays to kill adults. These types of control measures can provide relief from mosquitoes while more permanent methods are being established. Temporary control is frequently less costly than permanent control and can sometimes be used for many years at less expense than installation and maintenance of the most commonly used methods of permanent water management.

### *Temporary Larval Control*

When used to control larvae, insecticides are commonly called larvicides. The degree of control obtained with larvicide applications often depends upon the degree of water pollution and the type and amount of vegetation cover present. If cover is heavy or organic matter in the water excessive, it may be necessary to increase the concentration or volume of insecticide. Granular insecticide formulations may be required to treat water accumulations covered with dense shrubbery, grass or other types of emergent vegetation since liquid formulations are deposited on the surfaces of the plant cover and do not reach the larvae present in the water. Water in containers that cannot be drained or removed from the recreational area should also be treated with larvicide (excluding drinking water).

Frequency of larvicide application varies considerably with temperature and mosquito species, but must be often enough to prevent larvae from developing into adults. Applications each 10 to 14 days are normally adequate for Michigan summer conditions. All potential larval breeding sites within adult flight range of the controlled area must be drained, made unsuitable for mosquitoes, or treated with a larvicide for effective control. Otherwise, supplemental, temporary adult control procedures usually must be employed. Table 1 gives recommended insecticides and application rates for mosquito larval control.

### *Temporary Outdoor Adult Control (Adulticiding)*

Insecticide mists or fogs have been used successfully to control adult mosquitoes in recreation areas, but ultra-low volume (ULV) insecticide applications with ground equipment, now the method used by most organized mosquito control districts, has several advantages over misting or fogging. In ULV treatments, concentrated insecticide is applied with *specially designed ULV equipment*—at the rate of 0.5 to 3.0 ounces per acre. This is a lower rate than is usually used in mist machines or foggers and reduces the cost of treatment as well as the potential for environmental contamination. It also reduces or eliminates the need for insecticide diluents and simplifies logistic support needed for control operations. Fogs, mists and ULV ap-



**Table 1. Insecticides for Mosquito Control.**

<i>Method of Application</i>	<i>Insecticide</i>	<i>Directions</i>
Larvicide Spray	Abate 4E	Mix insecticide with sufficient water to obtain good coverage and apply mixture to breeding site in a uniform spray at the rate of 0.5 to 1.5 fluid ounces of <i>undiluted</i> Abate per surface acre of water. Repeat application as needed. Do not spray on food, forage or pasture land.
	Flit MLO <sup>1</sup>	Apply at the rate of 2 to 3 gallons per acre with sprayer adjusted to deliver a partial cone pattern rather than a solid stream. This insecticide emulsifies if it hits the water at high velocities, markedly reducing its effectiveness. Repeat applications as needed.
Granular Larvicide— for use in breeding sites with heavy vegetation	Abate in Celatom or in Sand and Celatom	Apply evenly to water surface at .05 to 0.1 pounds actual insecticide per acre. Repeat application as needed. Do not use on food, forage or pasture land.
	Dursban 2E Granules or Dursban 10 CR	Follow label. Caution: this material is toxic to bees, fish, birds and wildlife.
Residual Outdoor Adulticide—for use in pressurized or power sprayers	57% Malathion emulsifiable liquid (E.L.)	Mix 4.5 fluid ounces Malathion per gallon of water, or 3.5 gallons per 96.5 gallons of water. Apply to grass, tree trunks and other vegetation, protected areas on outside walls and outbuildings where adult mosquitoes rest. Do not apply directly to ornamental plants.
Adulticide for Mist Machines	57% Malathion E.L.	Mix 4.5 fluid ounces Malathion E.L. per gallon of water, or 3.5 gallons per 96.5 gallons of water. Direct mist into low vegetation and wooded areas. Apply at the rate of 0.1 gallons of mixture per 1,000 square feet (5 gallons per acre). <sup>2</sup>
Adulticide for THERMAL Fogger	Malathion 91% Concentrate	Mix 7 fluid ounces of concentrate in enough fuel oil to make 1 gallon, or 5.4 gallons of concentrate into fuel oil to make 100 gallons. <sup>3</sup> Direct fog along ground and into low vegetation where adult mosquitoes are resting.  Avoid direct application to ornamental plants—oil may injure foliage. Apply by ground equipment delivering 40 gallons per hour at a vehicle speed of 5 miles per hour to treat a swath of 300 to 400 feet. <sup>2</sup>
Adulticide for COLD Fogger	57% Malathion E.L.	Mix 10 fluid ounces of Malathion E.L. per gallon of water, or 7.8 gallons of E.L. per 92 gallons of water. Apply in same manner and at same rate as thermal fog. <sup>2</sup>

<sup>1</sup>Available only to professional mosquito control organizations.

<sup>2</sup>Fogs, mists and ULV applications are most effective if applied during the period from dusk to dawn, with winds less than 4 miles per hour. Effectiveness is greatly reduced if applied during the heat of the day or when winds exceed 4 miles per hour. **Caution:** Do not direct mists, fogs or ULV applications directly towards campfires or other types of open flames. Burning insecticides may produce highly toxic fumes.

<sup>3</sup>This insecticide may require the use of a special additive to prevent the formation of a sludge-like precipitate. Consult your insecticide dealer for specific recommendations. Premixed, ready-to-use formulations are also available.

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**Table 1. Insecticides for Mosquito Control, continued**

<i>Method of Application</i>	<i>Insecticide</i>	<i>Directions</i>
Adulticides for Ground Ultra Low Volume Applications (Recommended for use only by commercial pest control operators or professional mosquito control personnel)	Baytex (Fenthion) Liquid Concentrate	See Label. <sup>2</sup>
	Dibrom 14 (Naled) Concentrate	See Label. <sup>2</sup>
	Dursban Mosquito Fogging Concentrate	See Label. <sup>2</sup>
	Malathion ULV Concentrate	See Label. <sup>2</sup>
	Pyrocid Mosquito Adulticiding Concentrate	See Label. <sup>2</sup>
	Resmethrin (SBP 1382)	See Label. <sup>2</sup>
Indoor Residual Fumigation	Dichlorvos (DDVP or Vapona) Resin Strip	Hang strip(s) in enclosed area to control adult mosquitoes and flying insects—1 strip per 1,000 cubic feet of enclosed space. These strips do not provide effective control outdoors or in well-ventilated enclosed areas. They are effective in underground water catch basins.  <b>Caution:</b> These are not registered for use where infants or aged persons are exposed to the insecticide vapor, or in kitchens, restaurants or other areas where food is prepared or served.
Indoor Adulticide Space Spray	Pyrethrum, Allethrin, or Resmethrin	Use according to label instructions.

<sup>1</sup>Available only to professional mosquito control organizations.

<sup>2</sup>Fogs, mists and ULV applications are most effective if applied during the period from dusk to dawn, with winds less than 4 miles per hour. Effectiveness is greatly reduced if applied during the heat of the day or when winds exceed 4 miles per hour. **Caution:** Do not direct mists, fogs or ULV applications directly towards campfires or other types of open flames. Burning insecticides may produce highly toxic fumes.

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plications are space treatments that depend primarily upon the wind for distribution. They should not be applied in winds of more than four m.p.h. Optimum wind-speed is two to three m.p.h. in open areas and slightly higher in forested areas. For best results, air temperature near the ground must be cooler than at six feet or more above the ground. This condition, called a thermal inversion, assures that insecticide particles will stay close to the ground where most flying and resting mosquitoes occur. Thermal inversion occurs naturally from late evening until sunrise, so the most effective opera-

tions are conducted at night.

Fogs and ULV applications applied during the heat of the day nearly always rise rapidly, disperse in the air, and are totally ineffective in controlling mosquitoes. The effectiveness of mists is also greatly reduced when used during the day. Insecticide fogs and ULV treatments have no lasting effect so they must be re-applied whenever the number of mosquitoes increases beyond the "level of acceptance." Mists may provide a slight residual action but their primary effectiveness results from direct contact with mosquitoes. Mists may be ap-



plied under a wider variety of atmospheric conditions than fogs or ULV, but neither mists nor ULV penetrate vegetation as well as fogs. Oil base insecticide formulations should not be applied as mists. They may burn foliage or produce objectionable residues on laundry, automobile paint and windows. Insecticide formulations suitable for fogging and misting operations are shown in Table 1.

The insecticides now approved for adult mosquito control have, at best, only a short period of effectiveness when applied as residual sprays on vegetation or areas on the outside of buildings, cabins, sheds and other locations that are exposed to sunlight, rain or dew. Residual sprays are useful as supplements to other adult mosquito control measures, but when the insecticides currently registered for adult mosquito control are used *only* as residual sprays, they usually do not provide the desired degree of control.

### *Temporary Indoor Adult Control*

Aerosol space sprays containing either allethrin or pyrethrum (pyrethrins) are recommended for immediate control. This type of spray is usually more efficient if the treated area is kept closed for at least 15 minutes following treatment. Resin strips impregnated with dichlorvos insecticide may also help to control adult mosquitoes indoors, but are effective only if the space is enclosed and there is minimal air exchange. Specific recommendations for indoor adult mosquito control are given in Table 1.

## **Blackflies**



Blackflies, sometimes called "buffalo gnats," are small black or gray flies with stout, humpback bodies, short, broad wings and short legs. They feed on the blood of wild or domestic animals, and birds. In some parts of Michigan, they are particularly vicious pests of humans. The blackfly season is longer than that of most other bloodsucking flies. The first adults appear late in April, reach their biggest numbers in May and June, but persist in diminishing numbers until late October.

In some areas of Michigan, blackflies become so numerous that it is nearly impossible to remain outdoors. Blood loss from their bites has resulted in death of both domestic and wild animals. If the blackfly is not seen while biting, its bite is readily recognized. There is no pain while the fly punctures the skin and feeds, but the site of the puncture is usually marked by a small trickle of blood which appears after the fly has finished feeding. Within an hour, the area around the bite swells and an intense itching begins that may last for several days. Some individuals become sensitized to blackfly bites and also suffer pain and severe swelling in the area

of a bite. Occasionally, there are more severe reactions that require hospitalization.

Unlike mosquitoes, blackflies bite only during the day. When feeding on animals, they crawl through the hair or feathers to the skin, or enter the ears and nostrils to bite. On man, they usually feed on exposed skin, but may crawl through openings in the clothing to bite covered parts of the body.

Blackflies lay their eggs in a variety of places, but all are either in running water or its immediate vicinity. One female may deposit as many as 500 eggs in one egg-laying period—usually in masses on stones, vegetation or other partly submerged objects—at, or near, water surfaces where they are immersed or continually wetted. Eggs hatch in 4 to 12 days and larvae attach themselves to stones or plants in the stream with a small suction disc and fine silken threads. The larva transforms to a pupa and is firmly attached within a silk pupal case spun by the larva just before pupation. Duration of the aquatic stages varies from two to three weeks to several months, depending upon species, temperature and other conditions.

Upon emerging from the pupal skin, the flies take flight immediately and may live from a few days to several weeks. While some species have only one generation each year, others have two or more. In general, southern Michigan species have multiple generations each year. Generations of the various species overlap so that all stages of blackflies may be present in a given area most of the summer. Some species overwinter as eggs and others as larvae. There is little precise information concerning the flight range of adults, but one prairie species in Canada has reportedly attacked livestock as far away as 100 miles from its source. The most common species in Michigan are not likely to fly this far, but they still have relatively long flight ranges.

## **Blackfly Control**

Outdoor space sprays recommended for adult mosquito control offer some local temporary relief from blackflies, but the most effective way to prevent blackfly bites is to apply insect repellent to exposed skin areas and keep clothing tightly fastened.

## **Stable Flies**



The stable fly is often known as the biting housefly because of its close resemblance to the housefly. The major difference between the two is the sharp "beak" of the stable fly which is used to pierce human or animal skin and suck blood. Unlike most other biting flies, both male and female stable flies feed on blood. They are



often annoying summer pests at many of Michigan's beaches and recreation areas.

Females lay their eggs in moist, rotting organic matter, such as lawn clippings, straw and grain wastes or piles of aquatic vegetation that accumulate along the shores of lakes. Development from egg to adult may occur in just two weeks in the hottest days of the summer, but three to four weeks is more common. Adults live up to 60 days or more and take blood meals several times daily throughout their lifetime. Stable flies usually remain outdoors but will enter animal quarters, houses and cabins, especially during cloudy and stormy summer weather.

The most effective method for controlling stable flies, like most other biting insects, is removal of favorable breeding sites. These can usually be eliminated within developed recreational sites by the removal or drying (by spreading out) of accumulations of rotting vegetation. This will reduce the pests' numbers, but its long flight range makes it difficult to completely eliminate. Periodic removal of aquatic vegetation deposits on beaches and lakeshores will also help control stable flies. Indoor space sprays or aerosols, such as those used against mosquitoes, will control stable flies that enter animal shelters or human habitations. Skin or clothing applications of insect repellents containing diethyltoluamide (Deet) provide protection from stable flies. There are no known effective insecticide control measures that are practical for large area treatments.

## Horseflies and Deerflies



A number of species in this group of flies are very common in Michigan and are bothersome pests in many low, moist, recreational areas. Large members of this group are commonly called horse or moose flies. These include a number of very large species, some with a wingspan exceeding two inches. Smaller species are called deerflies. Both horseflies and deerflies are strong fliers and commonly have brilliantly colored eyes that are banded, spotted or striped with green or purple. Only the females suck blood. They normally attack other animals more readily than man, but can also be very bothersome to humans. These biting flies are most abundant in swampy, forested localities, and frequently occur in large numbers in recreational areas located near extensive marshes. Adults are most active on warm, sunny days and are normally present in Michigan from late May until September.

Female horseflies and deerflies lay their eggs in compact masses of several hundred on the leaves of aquatic plants or vegetation bordering pools, swamps or other bodies of water. Eggs hatch in about one week and the

immature larvae drop into the water or damp soil where they spend one to three years completing their development to the pupal stage. Adults emerge from the pupal case in two to three weeks.

No satisfactory control for this group of biting flies has yet been developed. Their extensive breeding grounds and location of the larvae in water or moist soil makes it impractical to attempt treatment with chemical insecticides. Drainage of breeding areas is generally impractical. Suitable clothing and an application of insect repellent containing diethyltoluamide (Deet) to areas of exposed skin will provide protection from their bites.

## Biting Midges



This group of biting flies includes several types of very tiny insects known as "punkies," "sandflies" and "no-see-ums." Those that feed on humans and domestic animals bite mainly in the evening and very early morning. The burning and irritation they cause is far greater than would be expected from an insect of this small size. They are primarily pests, but some species in Michigan transmit a parasitic worm of horses.

Again, elimination of suitable breeding sites is the most effective method for control of these pests. Location of these areas, however, is an extremely long and tedious task, even for a trained expert. Biting midges usually develop in the bottom mud of ponds, marshes and swamps or other similar wet soils, rich in organic material. The minute size of the larvae makes it extremely difficult to locate their breeding sites. If breeding areas can be located, drainage, diking or deepening the margins of ponds and streams may provide effective control.

Due to the limited flight range of the adults, these flies can be easily controlled in localized areas with the same insecticide mists or fogs used for adult mosquito control. Biting midges are weak fliers and are greatly inhibited by even moderate to light winds. Keep grassed areas closely mowed, shrubbery and low vegetation away from human and animal habitations, and thin trees and shrubs to encourage stronger wind currents.

Biting midges are also attracted to lights. Their tiny size enables them to enter tents, cabins and cottages through average mesh screen. Indoors, an aerosol containing either pyrethrum (pyrethrins) or allethrin is effective. Most repellents will not prevent these insects from attempting to feed, but some will entrap them like fly paper and keep them from reaching the skin surface. Thick lotions or cream repellents are most effective.

Fortunately, the weak flying ability of this group of insects restricts their nuisance to very limited and localized areas.



# Ticks



While ticks common to Michigan do not normally present problems, large numbers of American dog ticks, *Dermacentor variabilis*, have occurred recently in certain recreational areas. They can usually be successfully managed without extensive use of insecticides if the habits of the tick are understood and control measures designed accordingly. Problems with this tick in Michigan recreation areas have invariably been associated with the presence of small rodents—field or meadow mice, rabbits and similar animals. Humans or dogs usually encounter ticks by passing through an area frequented by these small rodents.

Female ticks lay their eggs in protected areas of the soil and may deposit several thousand in just a few days. Immature ticks (the larvae) hatch from the eggs and climb up on low vegetation along the pathways followed by small animals. They drop onto these small animals, or grasp their hair as they pass by. Attaching itself to the animal, the tick engorges with blood, and drops to the ground after feeding is completed. There, it develops into the next stage, the nymph. Nymphs repeat the feeding process of the larvae and again drop off the small animal host and develop into the adult stage. The adult repeats this same process of locating a suitable host and taking a blood meal. Adult dog ticks usually attach to humans and larger wild and domestic animals, including dogs, but immature stages rarely do so. Tick larvae, nymphs and adults usually require several days of attachment to become fully engorged and complete their blood meal. The normal life cycle of this tick species is two years but may be as long as four years. These ticks are most apparent in Michigan from late spring (when the adults emerge from their winter seclusion) through early summer, but are rarely encountered later in the year. Ticks of this species can transmit Rocky Mountain Spotted Fever, known to occur in Michigan, but never a significant health problem here.

Major tick infestations in Michigan recreation areas have usually developed in the vegetation along paths or trails used by humans, and in or adjacent to dog exercise areas in roadside parks or similar localities. Effective tick control can be obtained in these areas by mowing or removing the vegetation for several feet along each side of the path or trail. This removes the cover used by the small animals and ticks.

If it is necessary to pass through a tick infested area, insect repellents containing diethyltoluamide (Deet) can be applied to exposed skin and clothing. After passing through such an area, each individual should be examined carefully, and any tick attached to the skin or moving about the skin or clothing removed. To remove an attached tick, grasp it with tweezers as closely as possible to the point of attachment and pull gently and

steadily to cause it to detach without breaking off the mouthparts. Portions of the mouthparts left in the skin may result in the development of a secondary infection. After removal of the tick, the bite should be treated with an antiseptic. The same procedure may also be used to remove ticks from dogs or other pets.

Another tick, the brown dog tick (*Rhipicephalis sanguinius*), has created a severe annoyance in some localities where it has infested domestic pets and become established inside buildings. Normally a parasite of dogs, this tick is brought into the building on the infested dog during the summer. Inside, infestations are not usually noted until winter or early spring. Eggs laid indoors by these ticks in the summer hatch and produce the large numbers of ticks noted later in the year.

The brown dog tick may be found throughout the dwelling, so examine the building thoroughly and treat all infested areas carefully. Baseboards, floor and wall crevices, window frames and other harborage sites should be treated with an insecticide spray or dust. Careful attention must also be given to treating the dog's sleeping quarters, bedding, and the dog itself. Suitable concentrations of effective insecticide dusts are available in several brands of dog flea and tick powders. With severe infestations, it may be necessary to retreat the premises and the dog one or more times at weekly intervals. Detailed control recommendations are contained in Table 2.

**Table 2. Insecticides Used for Tick and Flea Control**

Insecticide	Formulation and Concentration	Directions
<b>FOR USE ON PETS</b>		
Carbaryl	2-5% Dust <sup>1</sup>	Dust animal beginning at the top of head and progressing along back, undersides and legs. Rub dust into hair thoroughly. Bedding should also be dusted, washed in hot water, or replaced.
Malathion	3-5% Dust	
Pyrethrum <sup>2</sup>	1% Dust	
Rotenone <sup>2</sup>	1% Dust	
<b>FOR HOUSE OR KENNEL TREATMENT</b>		
Malathion	2% Spray	Treat baseboards, floor and wall crevices, window frames and other harborage sites in house and dog sleeping areas.
Ronnel	2% Spray	
Carbaryl	5% Dust	

<sup>1</sup>Do not use on kittens under 4 months of age.

<sup>2</sup>Use only for flea control.



## Fleas



Most flea infestations in Michigan are associated with pet dogs or cats but may also originate from rodents or rodent nests located in, or near, human habitations. Fleas lay eggs among the hairs of their animal host or in the host's sleeping places. The eggs drop or are shaken off and tiny, cylindrical, legless larvae hatch and feed on various animal and plant substances in floor cracks, under carpets, in nest materials or in other sheltered places—both inside and outside.

When mature, the larvae spin small silken cocoons and develop into the pupal or resting stage, emerging later as adult fleas. Full development from egg to adult may require several weeks or several months, depending upon the environment. To be effective, any control effort must be directed against both the adult fleas on the animal and the adult and immature stages located throughout the area frequented by the dog, cat, or rodent host.

Frequent, thorough cleaning will help prevent outbreaks of flea infestations in buildings. Vacuum floors, carpets, rugs and upholstered furniture often, if possible. Carefully clean cracks and crevices in the floor, around furniture cushions, and sleeping areas used by cats and dogs. Locate and remove rodent nests in or near buildings occupied by humans or pets. Before removing rodent nests, treat the nest and surrounding area thoroughly with insecticide to kill all fleas.

Effective control of fleas requires treatment of both the premises and infested animals. Flea infestations on pet dogs or cats can be eliminated by applying insecticide dust to the animal. Rub the dust thoroughly into the hair, beginning at the top of the head and continuing along the neck and back to the base of the tail. If pets run freely outdoors, repeat the treatment as often as necessary. Insecticide dips and sprays may also be used. Infested sites within the occupied building should also be sprayed or dusted at the time the animal is treated. The insecticide should be applied to the floors of infested rooms (including the basement), rugs, mats, sleeping quarters of pets, and their bedding. Yard or outside infestations can be controlled by treatment with either a 1% Ronnel or Diazinon emulsion spray applied to infested areas at the rate of one gallon per 1,000 square feet. Recommendations for flea control on pets and indoors are given in Table 2.

### Selection and Use of Insect Repellents

Insect repellents will effectively protect an individual against mosquitoes, ticks, flies and other biting insects, if properly selected and correctly used. They may contain a single repellent compound or a mixture of two or more, and may be formulated as creams, lotions, solid sticks or in pressurized dispensers. Length of effec-

tiveness after application varies with the concentration of the chemical, environmental conditions, activity of the user, amount of repellent applied, thoroughness of the application and species of insect.

After application, the repellent gradually loses its effectiveness through skin absorption, evaporation, washing off by water or perspiration, or rubbing off on foliage. Any activity that increases any of these processes will shorten the effective period of the repellent and necessitate more frequent applications. Protection may extend up to 6 to 8 hours under "ideal" conditions. However, with hot, humid conditions and heavy perspiration, repellent applied to the skin may retain its effectiveness for only 15 to 30 minutes in the presence of large numbers of mosquitoes or other biting insects. Repellent applied to clothing may continue to be effective for several weeks but is usually removed quickly by the rinsing action of water, rainfall, laundering or dry cleaning.

To be effective, the repellent must be applied thoroughly to clothing or exposed skin areas. The areas that must be treated vary with the insects involved. Mosquitoes and most biting flies attack exposed skin and are capable of biting through clothing where it adheres closely to the body—e.g., at the shoulders and waist. For a repellent to be effective against this group of insects, it must be applied to the exposed skin, to the clothing in areas where the insect can bite through, and around clothing closures where they may enter. Ticks, however, are usually encountered only in low vegetation so the application of repellent to trouser legs, socks, and clothing closures will usually provide adequate protection. Fleas most frequently bite the lower legs after crawling up from infested floors or carpets but also may be present in furniture or bedding. Thus, repellent must be applied to both exposed skin and clothing for good protection from fleas.

Most repellents will damage or dissolve many plastics and some types of synthetic fibers used in clothing. They also cause temporary irritation if in contact with the eye, mouth or inner parts of the nose, so care must be exercised in applying repellents to both skin and clothing. Pressurized spray formulations, in particular, must be used carefully to avoid skin or eye irritation or damage to plastics and synthetic materials.

### Insecticide Dispersal Equipment

One of the most important considerations in any insect control program is the proper selection, use, and care of insecticide dispersal equipment. There are many kinds and sizes of equipment, ranging from small, hand-operated "flit guns" to expensive, vehicle-mounted, power equipment. Equipment needed for use in any recreational area will depend upon the types of insects, kinds of control measures, and size of the areas requiring treatment. Equipment selection should be made



only after the total insect control problem has been examined and the kinds of insecticides and best methods of application have been determined.

Insecticides are effective only if applied correctly and in the proper amounts. Under-treatment will not be effective and over-treatment increases control costs and may contribute to environmental contamination by creating severe toxic hazards to non-target plants and animals. It is important that all insecticide dispersal equipment be operated properly so that control can be achieved without unwanted side effects.

### *Aerosol Dispensers*

Push-button aerosol dispensers (**space sprays**) are self pressurized containers that usually contain approximately one pound of insecticide solution dissolved in a liquified propellant gas. They form a fine fog composed of minute particles of insecticide used to control flying insects within tents, cabins or other habitations. A spraying time of approximately seven seconds is usually sufficient to treat each 1,000 cubic feet of space.

A number of self pressurized insecticide dispensers for **surface** treatment closely resemble the aerosol containers. These dispensers produce much coarser insecticide particles and are designed to be applied directly to surfaces. They are not effective when applied as a space spray. In addition, surface formulations often contain more toxic insecticides than aerosol formulations and may be hazardous if inhaled. Container labels should be read carefully so that only aerosol formulations are used as indoor space sprays.

### *Hand Sprayers*

Small hand sprayers of the flit-gun type usually have a capacity of one to three quarts and are used principally for application of small amounts of insecticide within buildings.

### *Compressed Air Sprayers*

Sprayers of this type usually have a capacity of one to three gallons and are probably the most useful and versatile piece of equipment available for both indoor and outdoor insecticide application. Air is compressed in the sprayer by a built-in hand operated pump and the pressurized air forces insecticide out through the nozzle. While these sprayers may be equipped with several types of nozzles, the hollow cone nozzle is most commonly used for mosquito larviciding and other outdoor spraying. This nozzle can be adjusted to deliver sprays ranging from a solid stream to very fine particles. Frequent pumping is required during use to maintain adequate spraying pressure. A number of relatively inexpensive models of this type sprayer are available, but it is usually more economical to pur-

chase a professional type sprayer with a stainless steel, welded tank and heavy duty spray trigger mechanism. With proper care and maintenance, the professional type sprayer can be used indefinitely, while cheaper models often do not withstand extensive use and must be frequently replaced.

### *Foggers*

Two types of fogging machines are available—thermal foggers and non-thermal, or cold fog machines. Each is available in a variety of sizes, from portable machines weighing under 20 pounds—to truck or trailer mounted units that weigh several hundred pounds and can deliver 40 gallons or more insecticide per hour. The smaller units may be powered by an electric or gasoline engine or bottled propane, while the larger ones use only gasoline motors. For all practical purposes, the two types of fogs are equally effective. Insecticide fogs control adult flying insects, but have little effect on ground inhabiting pests such as ticks and fleas. They are also of little value in controlling mosquito larvae.

For a fog to be effective, an adequate amount of insecticide must be dispersed thoroughly in the area where insect control is desired. Rate of insecticide application is controlled by the speed at which the fog machine is driven through the treatment area in machines with a fixed insecticide delivery rate and by speed of passage and application rate in machines with variable delivery controls. Regardless of equipment used, entire areas should be treated completely and as rapidly as possible, since re-infestation can occur very quickly.

Because insecticide fogs require wind to carry them through infested areas, fogging is done on a cross wind course to allow the fog to drift downwind, away from the machine and its operator. Fog applications should be made only between the early evening and early morning hours when air temperatures near the ground are cooler than six feet, or more, above ground. This holds the fog close to the ground and insures maximum exposure of the insects to fog particles. Fogs applied during the warmer parts of the day normally rise quickly above the vegetation and dissipate rather than remain close to the ground where insects are located. Fogs should not be applied when ground level wind speeds exceed four m.p.h. Optimum wind speed for treatment of open areas ranges from two to three m.p.h., while satisfactory applications can be made in wooded areas with slightly higher wind speeds.

Small areas can be treated with little effort, and control will be effective if correct application rates are used throughout. Large area treatments, however, must be planned carefully and conducted as efficiently and quickly as possible. Before treating large areas, plot and record on a map of sufficient detail, the roads and trails



that can be used for the movement of the fogging machine. The fog machine operator must know in advance which road or trails will be used, direction of travel (based upon the wind direction prevailing at the time of treatment), and speeds and delivery rates needed to provide adequate insecticide application. The area treated and amount of insecticide applied should be carefully recorded for future reference. Systematic application makes it possible to treat the entire area thoroughly and efficiently.

### Ultra-Low Volume Equipment

This type of equipment uses a relatively low tank pressure (2 to 6 psi) and is designed to produce insecticide droplets in the 5 to 27 micron range (1 micron = 1/25,000 inch). Delivery rate is less than 2 quarts (0.5 to 3.0 ounces active insecticide) per acre. The insecticide formulations registered for use in this type of equipment are much more concentrated than regular spray or fog mixtures and, therefore, must be handled and used with particular care. It is essential that the equipment be operated and maintained according to the manufacturer's recommendations. If these insecticides are applied in higher than the recommended amounts or in droplets significantly larger than the 5 to 27 micron size, paint damage and other undesirable results may occur. Techniques used for the ULV applications are the same as those outlined for fogging. *This method of insecticide application is recommended only for commercial pest control operators or professional mosquito control personnel.*

### Mist Blowers

Like fogging machines, mist blowers range in size from small portable units with two to four quart capacity to truck mounted units that hold several hundred gallons of insecticide. Select your unit based on the types of control operations planned and size of the areas to be treated. Mist machines produce fine particles that are carried out in a strong blast of air. Distribution of the insecticide depends primarily upon the air blast, but may be supplemented by wind at the time of application. Insecticide mists provide some residual insect control, but, like fogs, require contact with the insect. Unlike fogs, mists can be used to control mosquito larvae. However, they are not as effective as insecticide sprays, and are not usually recommended for this purpose.

### Power Driven Hydraulic Sprayers

Large capacity power driven sprayers are most useful for application of insecticides to large outdoor areas

such as those treated in larval mosquito control. These are relatively expensive equipment items and should be selected to provide the characteristics needed in your insect control operations.

## Caution

All pesticides are poisonous and must always be handled to minimize the possibility of harm to humans and other nontarget organisms, either by contact or through contamination of food and water. Insecticides recommended in this publication are effective and relatively nonhazardous to users and the environment, *if used properly*. The key to safety with all pesticide chemicals is a knowledge of the hazards involved in handling and applying them. Know and follow these basic rules:

1. Know the material being used. Read the container label and understand the directions for preparing and applying the insecticide. Do not use more insecticide than necessary. Excessive application increases costs and may be hazardous. FOLLOW DIRECTIONS!
2. Take special care to prevent inhalation and contamination of skin and clothing when using insecticides. If insecticide is spilled upon the skin or clothes, immediately remove all contaminated clothing and thoroughly wash exposed skin with soap and water. Prompt action can prevent serious poisoning or death. Always wash with soap and water after spraying or handling insecticide chemicals.
3. Avoid contaminating human and animal foods and drink with insecticides.
4. Keep spray equipment clean and in good operating condition. Rinse insecticide from equipment only where it will not affect man or wildlife.
5. Store insecticides in properly labeled, original containers, and keep out of the reach of children. NEVER store insecticides in food or beverage containers.
6. Dispose of empty insecticide containers safely (e.g. burial in an approved location); never use these containers for storing other materials.
7. In case of accidental poisoning with insecticides, get the victim to a physician WITHOUT DELAY. If possible, take the container of the insecticide involved (with label intact) to the physician so that he can determine the poison or poisons and prescribe the proper treatment. Immediate, proper and adequate treatment is essential.

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