

SUPPLEMENT TO THE STATE NEWS

THURSDAY, FEBRUARY 28, 1980

GREAT SMOKY MOUNTAINS

Backpacking a cheap break

By NANCY COSTELLO

Imagine, if you will, finishing your last exam after a full week of coffee and eye drops, and finding yourself — just 48 hours later — sipping sweet water from a gurgling mountain stream.

Sounds tempting but you just don't have the bucks for a spring break vacation this year, right?

If you have \$70, four or five friends and a car that gets good gas mileage, a camping trip in the Great Smoky Mountains National Park could be an ideal alternative to staying home.

MSU junior Doug Dodson made the trip last year, backpacking 20 miles in four days with a 42-pound pack through good and bad weather.

Because it's spring, the weather is variable, Dodson said.

"The first three days it was 75 or 80 degrees and sunny," he explained. "The last day was rainy and cool."

IF BACKPACKING is not your style, however, sightseeing by car and camping at designated grounds is a possibility for the novice.

Either way, one will see the splendid scenery of thick forests, gushing waterfalls and the Appalachian Mountains.

Most of the animals including black bears, turkeys, flying squirrels and deer, might only be seen in the back country.

The Great Smoky Mountains National Park, located in southern Tennessee and northern North Carolina, is 615 miles from Lansing, or about an 11-hour drive.

To reach the park take I-75 down to Knoxville, take U.S. 40 out of Knoxville heading east, then turn onto 66 going south and take it right into Gatlinburg, Tenn. In Gatlinburg there will be signs for the park.

TO PLAN a hiking trip first look at a topographical map of the park in the maps section of the MSU Library on the third floor in the west wing. The "topo" designates trails, roads, ranger stations, developed campgrounds and back country campsites within the park.

Pamphlets on Smoky National Park and possibly trail information can be obtained in the documents section, on the first floor in the east wing of the library.

Another suggestion is to check local bookstores for Sierra's Club "Hiker's Guide to the Smokies" for a complete description of trails in the park. The book is divided into Tennessee and North Carolina sections.

Using the map and trail for

campsites can be made by writing Great Smoky Mountains National Park, Gatlinburg, Tenn. 37738.

Another possibility would be to drive down and plan the hike at the ranger's station. Rangers could recommend trails suited to one's backpacking experience. Without prior reservations hikers risk not getting the campsites or trails they want.

ANOTHER CONSIDERATION IS the popularity of the chosen trail. The Appalachian trail, for example, is heavily traveled. Hikers interested in a less crowded trail should check the guidebook or ask the ranger.

ger.

In his hike, Dodson chose the Cataloochee Section, a more secluded area of the park.

"We only met about 25 people in four days," he said.

Last year Dodson spent about \$60 or \$65 on gas and food. The food, mostly freeze-dried, cost about \$30. Cheaper, also easily prepared food, such as macaroni and cheese and pancake and oatmeal mix, may be substituted for freeze-dried.

Backpackers should bring a fuel stove for cooking because the park doesn't allow campfires.

BACKPACKING EQUIPMENT including sleeping bags

and tents can be rented from Raupp Campfitters in Lansing, Great Lakes Mountain Supply in East Lansing and Eddie Bauer's in Detroit.

The following are tips that might come in handy for those backpacking excursions.

Remember to bring warm clothes because the weather varies. Cotton pants or corduroy dry quicker than jeans do. Also, wool keeps you warm even when it's wet. Old wool pants and sweaters are inexpensive at the Salvation Army.

Remember to bring a hat and a comfortable pair of shoes, such as tennis shoes.

And remember to bring plastic bags and rain gear.

KNOW THE RULES of the park and obey them. Rangers aren't lenient and sometimes levy stiff fines.

Remember to always keep food outside the tent and high enough off the ground to keep it away from animals.

Bring correct medication for blisters and tend to them quickly.

Carry a snakebite kit and know how to use it.

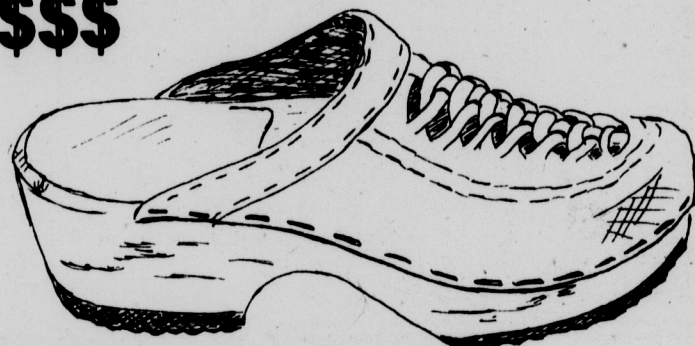
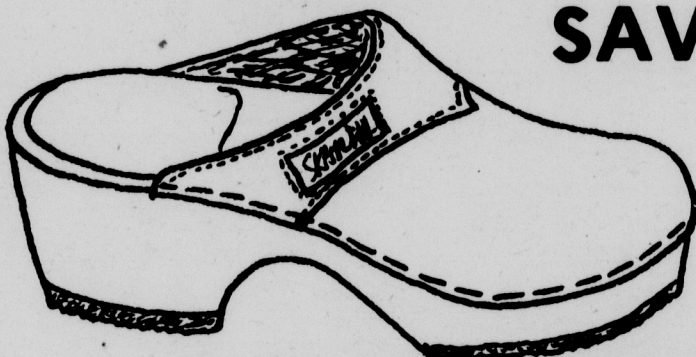
Plan meals to have the lightest possible load in your pack.

Bring plenty of trail mix or snacking food because it supplies quick energy.

Know how to pack a backpack with the proper weight apportionment.

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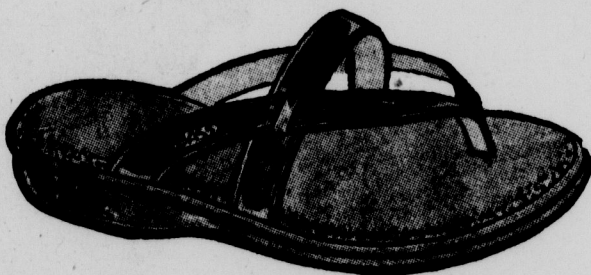
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Mountain biking a good pastime

By RICHARD MARSHALL
State News Staff Writer

Imagine trying to pedal your bicycle up a hill — actually, a mountain. A 10,000-foot mountain. The temperature is 90 degrees and you ride a half-mile, walk the bike a whole one, pedal for another half and so on, and there are still seven more miles to go until the summit is reached. Almost three hours later you make it to the top, totally spent and dried out.

You need some time to build up your energy again, and there's plenty of time to rest while you coast for 15 miles down the other side of the pass, grinning inside all the way.

Energy and conserving it are the prime concerns of the second Recycling of America bicycle tour, to be held in the Colorado Rocky Mountains this summer.

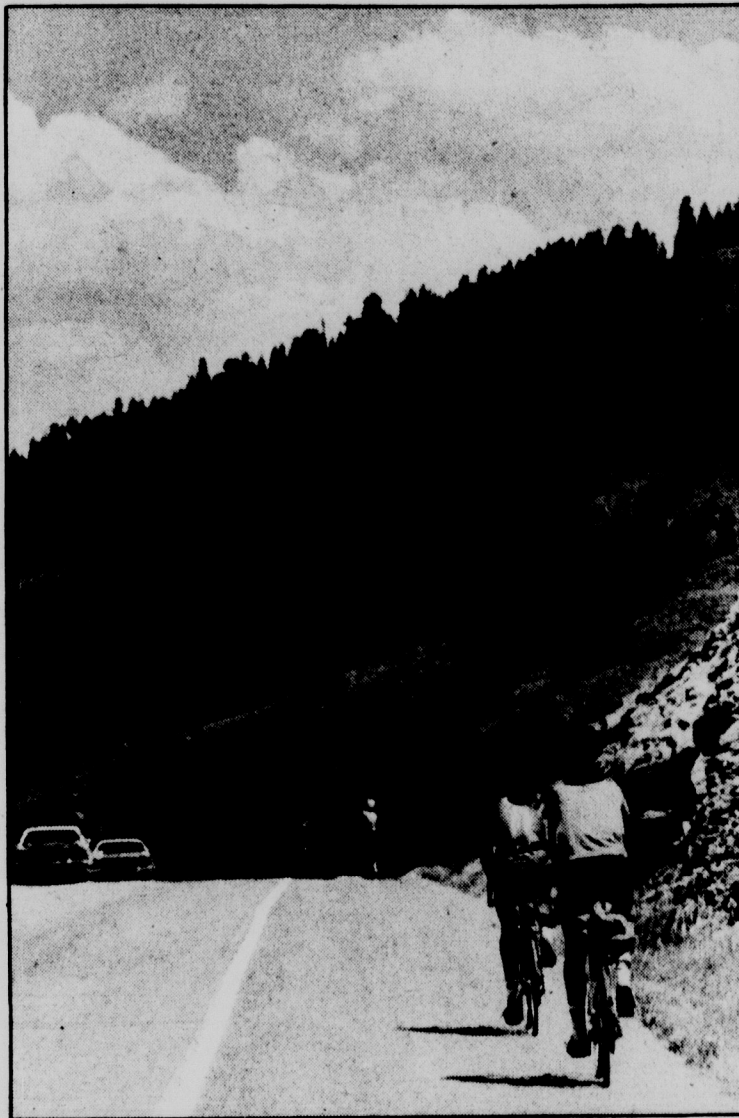
The first tour took place last August, with barely any media attention, due to a small turnout of participants and poor promotion.

TRIP ORGANIZERS Roy Smith and Gil Hersch think this year's event should draw more attention because of the country's increased awareness of scarce energy resources.

Smith, the founder of Challenge/Discovery, a Colorado bicycle-environmental group, and Hersch, the editor of the Crested Butte (Colo.) Chronicle, conceived the tour as a means for promoting the use of bicycles instead of mechanized modes of transportation in an effort to conserve the country's natural resources.

"We are using human energy to address the energy crisis," Smith said. "We must learn, as a civilization, to recycle, to use renewable resources and maintain our health through physical fitness. What better example is there than putting aside the vicarious pleasures of the automobile for the real experience of bicycling the Rockies?"

SMITH AND HERSCH have decided to forego the use of a support vehicle this time around. A van was used last August to (continued on page 12)



State News/Richard Marshall

Biking



State News/Richard Marshall

Cycling provides adventure

By DEBORAH A. KRAUS

You're pedaling down Highway 115 in the dark when a detour sign looms up ahead. You make a turn onto a soft dirt road that ends abruptly at a barbed wire fence.

What do you do? There's only one solution — you slide under the barbed wire, put the bike on your shoulder and carry it cross-country to the nearest all-night truck stop.

That's the worst thing that has happened to Dave Frey in the six years the MSU junior from Birmingham, Mich. has been touring Michigan by bicycle.

A CYCLING TOUR may be the answer to an adventurous and inexpensive spring vacation. And now is the time to start preparing for it.

"Cycling affects your organs, not your muscles," Frey said, so training for a trip involves more than lifting a few weights.

Cycling promotes "aerobic fitness" — the efficiency of the systems which deliver oxygen to your cells — as well as burning up calories, say Creig and Julie Hoyt in their recent book, *Cycling*.

Training for a long trip should begin slowly, if you're not already in good condition. And, you should include at least one ride of the distance you hope to be covering each day on your tour.

Frey said an average day for him is 50 to 60 miles, although he once biked 186.

"WHEN YOU TRY to do 70 or 90 a day, it's not fun anymore," he said.

Take at least one trial ride on a fully loaded bike, the Hoyts suggest, and get the feel of it.

The word in equipment is travel light. If you're camping out, the *Sierra Club Guide to Outings in Wheels* suggests tarpaulin or a tube tent rather than a heavier staked tent. A tube tent is a triangular plastic tube held open by a piece of line strung a yard above the ground.

A tool kit should include a pump, patch kit, screwdriver, fixed and adjustable wrenches, extra screws, spokes and cables. Choose clothing to maintain body temperature and minimize wind resistance and chafing. Equipment should be kept to under 25 pounds.

How the luggage is carried is as important as what is in it. A backpack is uncomfortable and keeps you center of balance too high, Frey said. He suggests a carrier with small baskets over the rear wheel, and a small handlebar bag.

THE IDEAL DISTRIBUTION of weight is two-thirds over the back wheel and one-third over the front, the Hoyts say. Left and right baskets (continued on page 10)

Don't get 'fixed' by the help of ripoff mechanics

By SUSIE BENKELMAN
State News Staff Writer

It's spring break and you're en route to Florida. Imagine pulling into a gas station in the middle of the night for a fill-up and an oil check. The attendant opens the hood and after a few seconds the engine smokes like crazy.

Chances are there is nothing wrong with the car. One tactic used by dishonest service station workers is the dumping of a certain chemical on the engine, causing it to produce smoke.

The attendant will then tell unsuspecting car owners that something is wrong and will charge a high price for "fixing" it.

But even those who are ignorant of automobile mechanics can prevent rip-offs of this kind, said Tom Freel, spokesperson for American Automobile Association's Detroit Auto Club.

"THE FIRST THING you want to remember is to never leave your car alone," Freel said. "Keep an eye on it so unauthorized people cannot touch it. Also, watch the person while they're working on it."

The Better Business Bureau also acknowledges the common problem of "gyp artists" who use the tactic above and many others to rip off unsuspecting car owners.

A 1973 pamphlet published by the bureau cites instances where service station attendants have been known to slash tires, cut fan belts and squirt oil under the car to make it appear as if it is leaking.

"A COMMON TACTIC they use is that they'll say 'You need new shocks' or 'your tires are ready to explode'," Freel said. "If someone tells you something that sounds the least bit like a pressure tactic, get a second opinion."

"Don't panic buy and don't be pressured into buying," Freel said. "If you're not sure you might want to check with the local Better Business Bureau to see where there is a competent mechanic."

Michigan 1974 law requires that mechanics provide a written estimate of repair costs which will exceed \$20. An estimate of repairs under \$20 must be supplied upon request.

MICHIGAN MECHANICS ARE also required to provide a detailed invoice of the work after it is done, and are required to give back all parts which were replaced in the job.

The law, however, also supplies consumers in Michigan with a chance to give up these rights by signing a waiver which releases the mechanic of responsibility. Linda Joy, director of the Michigan Consumer's Council, advises consumers to be careful before they sign anything because they may be signing a waiver without realizing it.

Joy said mechanics may say something like "and you need to sign here, too, it's the new law," causing many customers to sign and give up their rights.

(continued on page 12)



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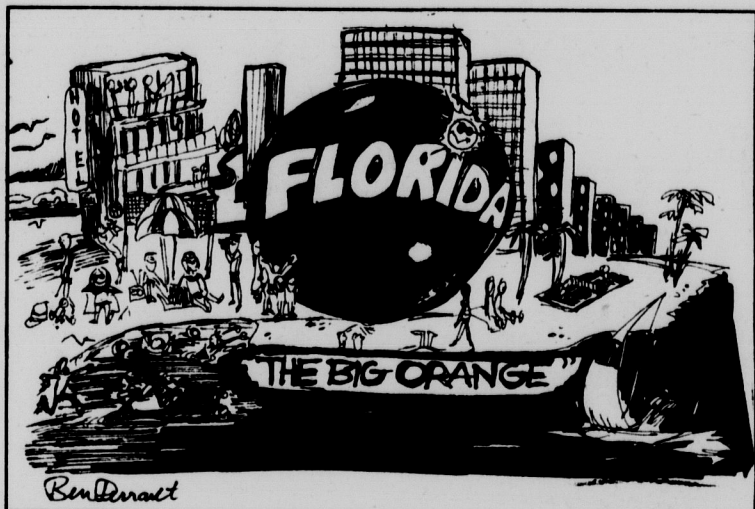


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MARY JANE JERIAN

Ahh, Florida!

Econ 201, Friday Feb. 22. Short run — demand curve doz chang — chang in q, due to chang in p. Let's see, leave on the 16th back on the 25th so nine days on sun. I'll need five pairs of shorts, 10 shirts, three pairs of jeans . . . "Oh wow this guy is lecturing a mile a minute," says the guy in the next seat, zapping me back to Anthony Hall from the sunny shores of Fort Lauderdale.

So much for note taking. Tennis racket, tennis shoes — tennis shoes! An unexpected laugh erupts from somewhere in my lungs and I glance around to see if anyone has noticed. I can't believe I wore those hightops, and Sue had on that Mickey Mouse T-shirt with the ears cut out! It is a miracle they didn't throw all of us out of that bar that night.

I sink into my chair, remembering the shots of Jack Daniels and (continued on page 15)

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FRIDAY, FEBRUARY 29:

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3:00-5:00pm

SATURDAY, MARCH 1:

Miss J Mannequin/Informal Modeling
1:00-4:00pm

TUESDAY, MARCH 4:

Tanning and Skin Care Products Consultation
1:00-3:00pm

WEDNESDAY, MARCH 5:

Wet and Dry Hair Styles Demonstrated
1:00-3:00pm

THURSDAY, MARCH 6:

Travel Tips and Packing Demonstration
By Nancy Washburne 3:00-5:00pm
Miss J Mannequin Modeling of Active Sportswear
3:00-5:00pm 6:30-8:30pm

FRIDAY, MARCH 7:

Miss J Mannequin Modeling of Resort Fashions
3:00-5:00pm

SATURDAY, MARCH 8:

Miss J Spring/Summer Resort Style Show
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SMOOTH SAILING ON BREAK

Tips can ward off catastrophe

By CINDI DUBEY

If you're planning a trip for spring break, the last thing you need is for something to go wrong and spoil it.

Lost luggage, hotel reservations, travelers checks, airline tickets and rent-a-car reservations are all problems that could arise and spoil your trip.

Here are some hints on how to prevent these things from happening and what to do if catastrophe strikes anyway.

If you purchase airline tickets by phone and they don't arrive through the mail, you should immediately contact the airport, said Eileen Gaines, Delta Airlines ticket agent.

Gaines said if that happens, Delta will make arrangements for you to pick up the tickets before the flight.

Also, make sure to arrive at the airport 45 minutes to an hour before flight time to pick up your tickets and check in before boarding the flight, Gaines said.

She said most airlines follow the same policy.

Another frequent problem is lost luggage.

Jay Hoag, United Airlines station agent, said it is best to take precautions to avoid losing your luggage.

Hoag recommends tagging baggage on both the inside and outside. Tags should include your name, address, destination, a contact at your destina-

Lost luggage, hotel reservations and airline tickets are all problems that could arise and spoil your trip.

tion and the duration of your stay.

Hoag said a name and address should be clearly written on more than one side because one side could be smeared.

"Be aware and make sure your baggage is checked to your destination," Hoag said.

If your baggage is lost, you should report it to the airlines at once.

"Normally, lost luggage should be recovered within 24 hours," Hoag said.

If your luggage is not found, Hoag said, make sure you have a list of the items in your suitcase so a claim adjustment can be made.

Hoag said United Airlines pays \$700 per ticket for lost luggage.

These policies are almost standard throughout the airline industry, she said.

Marie Lonier, of the American Automobile Association said vacationers should avoid carrying cash while traveling. Instead, she suggested, people should carry travelers checks.

If travelers checks are lost, they must be reported to the appropriate institution in the

city where the owners are staying. This information should be secured when you purchase your travelers checks.

The institution will have you fill out a claim and will usually give you cash right away.

If your hotel reservations

become lost, you should ask to speak with the hotel manager, said George Hollander, assistant general manager at the Troy Hilton.

The manager should try to find a record of your reservation and secure you a room, Hollander said.

Hollander said if the hotel is full, the hotel should try to make you other reservations in the area.

If all record of your reservation is lost, then you should file

a formal claim through any franchised hotel's corporate offices, Hollander said.

Ed Stone, of the Hertz Birmingham substation, said your car reservation is lost you have a legitimate complaint.

Stone said Hertz doesn't usually run out of cars, but if that happens, it will try to make other arrangements through a local agency.

"Hertz will not, however, make up for a price discrepancy if that happens," Stone said.

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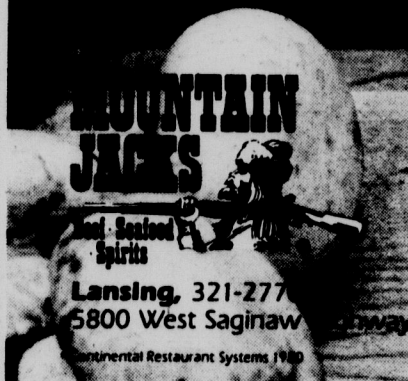
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JEFF HITTLER

Toronto: Enjoy

The idea may not seem too inviting at first. The popular sentiment among MSU students has long been to race toward warm, sunny skies over spring break. And after a traditionally long and cold Michigan winter, who could blame them?

Even the most open-minded student might be a little apprehensive about traveling to another northern city for a "break" from winter in East Lansing.

But for those who are looking for an adventurous alternative to the mad rush south, Toronto is waiting with open arms.

A few days in Toronto can provide enough excitement to warm even the coldest heart, and for less than one of those trips south. All that's missing is the warm temperatures. But, you'll be so busy taking in the sights, shopping and simply enjoying the people that you'll soon forget about that suntan you wanted to get started on.

You won't find many cities in the United States where the downtown area is as clean and safe as it is in Toronto — but its beauty goes beyond that.

The city is an aesthetic magnet. It burrows three stories below the street surface with an underground world of shopping malls, restaurants, banks and other businesses. The Eaton Centre, Sheraton Centre and the Lanes are just a few of the underground surprises.

It towers high above the streets where two of Canada's tallest buildings reach for the clouds. The offices of the Toronto Dominion Centre stretch 56 stories, while the Commerce Court West stands at 57. Over to the south of these on Front Street is the Royal York, one of Canada's largest hotels.

The city is full of mostly modern architecture, peppered with 19th century buildings that have been preserved as historical monuments.

But there is more to Toronto than "looks."

You can take a ferry ride from the Harbourfront to the Toronto Islands on Lake Ontario for a mere \$1.

For a view of the entire city, a ride to the top of the CN Tower will cost you \$3.50. A discotheque and restaurant await you at the top.

There's the Toronto Metro Zoo, with 710 acres of things to see. Admission is \$3.

You'll want to relax in the evening at a few of the city's many bars (the drinking age is 19), discos and stage and movie theatres.

Meals can be had at decent prices at some nice and interesting places. And don't be afraid to try some of the new dishes.

If Toronto sounds like your kind of town for a breakaway, most of the East Lansing travel agencies offer tour packages which include round-trip train reservations from Windsor and hotel accommodations. A two-night stay can cost as little as \$70 for a cozy room right in downtown Toronto.

Rail Canada is the best way to go, by the way. (You won't need a car in Toronto). But spend the extra \$12 round-trip and go Reserved Club Car. It makes the four-hour trip from Windsor to downtown Toronto more enjoyable.

Don't forget your birth certificate when going into Windsor and remember to swap your United States currency for Canadian at your local bank before leaving.

For more information, write the Convention and Tourist Bureau of Metro Toronto, Eaton Center, Suite 110, Box 510, 220 Yonge Street, Toronto, Ont. M5B 2H1.

And most of all, enjoy!



Spend break in Toronto amid its varied sights

By MARY JANE JERIAN

Are 10 pounds of winter flab keeping you from Florida this spring break? Have the inability to ski and fear of mountains stopped you from considering Colorado as an alternative? Or maybe the pocketbook is a bit thin to be thinking about a long vacation. In any case, a weekend in Toronto is an inexpensive alternative.

Toronto features a variety of attractions, ranging from the tallest tower in the world, to an authentic medieval castle and all-night discotheques. The city's hotels and motels offer facilities and price ranges to fit any budget.

Downtown hotels can be sleep cheap or ultra comfort. The Executive Motor Hotel, 621 King St. West, has single bedrooms for \$19 per night and double bedrooms for \$25. The Ramada Inn, 111 Carlton St., is more moderately priced. Singles are \$31 per night and doubles are \$37. This hotel has a heated indoor pool and a sauna.

If you're looking for a hotel that offers all the comforts of vacation living then the Sheraton Centre, 123 Queen St. West, is it. The Center has a shopping mall, two movie houses, a health club and two

heated swimming pools. Single rooms are \$43 and doubles \$53 per night.

In midtown Toronto the Carlton Inn, 30 Carlton St., is the least expensive hotel. Singles are \$19.95 and doubles \$23.95 per night. Sutton Place is Toronto's expensive midtown hotel, located at 955 Bay St., featuring a health club and heated indoor pool. Singles are \$45 and doubles are \$55 per night. In comparison, the Town Inn, 620 Church St., is probably a better deal for the economy-minded student. It features a health club, tennis courts and a heated indoor pool. Single rooms are \$30 and doubles \$37 per night.

Accommodation Toronto, 961-2544, is a free hotel reservation service that can answer any questions concerning the city's hotels, motels, private homes and colleges.

Most of Toronto's major attractions can be seen in a few hours or a day.

The CN tower is the world's tallest communications tower. It contains three public observation galleries, the "Undercurrent," a 21st century arcade, and the "Top of Toronto," the world's highest and largest revolving restaurant.

Casa Loma is an authentic

medieval castle containing 98 rooms and an 800-foot tunnel leading to towered horse stables. It's open to the public daily from 10 a.m. to 4 p.m.

The Metro Toronto Zoo reflects the city's modern outlook. The zoo's 4,000 animals roam more than 700 acres enclosed by five glass pavilions, while visitors view them from climate controlled trains. The zoo offers cross country skiing over the grounds in the winter and rentals are available. Admission to the zoo is \$3 for adults and \$1.50 for teens.

The Ontario Science Centre can also be an interesting experience. The Centre gives demonstrations of electricity, chemistry and printing. It also contains a "Hall of Earth," "Hall of Space" and "Hall of the Atom." Admission and parking are both \$1.

After sightseeing or before the disco the local restaurants can satisfy any appetite in many unique atmospheres.

If you're in the mood for corned beef and matzo ball soup, Shopsy's is Toronto's offering. The world-famous deli, 295 Spadina Ave., has both take-out and delivery, and most dinners range from \$5 to \$10 per couple.

The Old Spaghetti Company is cluttered with wonderful antiques that keep you wondering while eating. It serves spaghetti in a variety of ways and all meals are topped off with spumoni ice cream.

Seafood served aboard two floating vessels is the specialty at Captain John's Harbour Boat Restaurant, 1 Queen's Quay West, in downtown Toronto. Their dinners run between \$10 and \$20 for two.

Ed's Warehouse looks more like a lumberyard than a place to eat from the outside, but once inside the turn-of-the-century decor removes all doubts. This restaurant features roast beef and steaks. Jackets and ties are required and dancing and entertainment are provided. Dinner for two will cost more than \$20.

Spot gas shortages to plague drivers

Vacationers should not expect the gasoline situation in Florida to be the same as it is at home, and should be prepared for possible spot shortages and closed gas stations, an American Automobile Association spokesperson said.

"There really isn't a problem with running out of gas supplies," she said. "But one thing that tourists who go to Florida should realize is that things are going to be different than at home," said Melitta Hartung from AAA national headquarters.

"Especially in a small town after dark, you probably won't be successful finding a gas station open," she said. "They are usually open everywhere else in the country."

Sandra Pelham, spokesperson for Florida's AAA Bureau said that certain spot gasoline shortages have occurred at the ends of the months in Florida, but doesn't expect the problem in February.

"At this point all our records indicate that supplies will be

adequate through mid-March, but we recommend that people have a full fuel tank when they enter the Florida Turnpike," she said.

Stations on the turnpike have tended either to run out of gasoline or close up out of fear of running out, she said. The most likely places to get gasoline will be in the larger cities, not at turnpike stations, she said.

In Florida, 56 percent of the service stations close at 6 p.m. on Saturdays and at 8 p.m. on weekdays, and 82 percent are closed all day on Sunday, she said. At the end of January, five percent were limiting sales or were out of fuel, she said.

In mid-February, gasoline prices for Florida averaged \$1.15 for regular and \$1.19 for unleaded, but prices are increasing continually, she said.

Prices have jumped 14 cents per gallon in the last 60 days and the rise is expected to continue, she said.

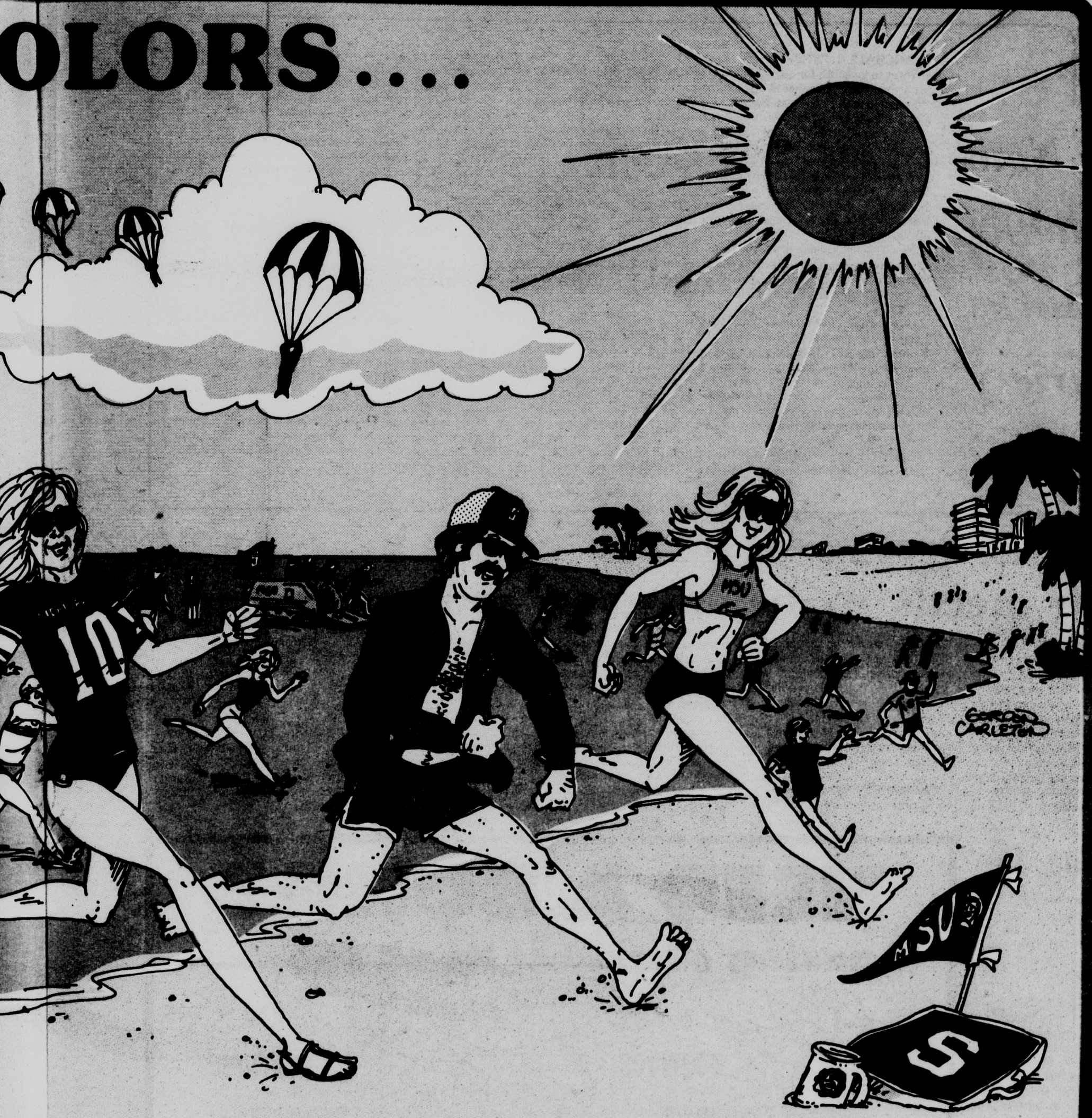
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New Orleans features variety

By MICHAEL L. WEBER

Want to go south for spring break to get away from the cold, snowy college atmosphere? Then think about New Orleans.

Founded in 1718 by Jean Baptiste Le Moyne, New Orleans is a city that boasts of many things to see and do.

The French Quarter, that famous part of the city, located near the Mississippi River, consists of 100 square blocks of seemingly untouched French architecture and style.

With narrow streets and beautifully restored buildings, the French Quarter creates a quaint atmosphere. The famed Bourbon Street with its restaurants, bars and nightclubs features a few places where authentic New Orleans jazz can still be heard.

New Orleans cuisine presents some of the finest restaurants in the country. Some French Quarter restaurants feature Creole cooking, a unique blend of French and Spanish seasonings, and sometimes with Italian and African contributions.

Galatoire's, 209 Bourbon St., features authentic Creole/French style seafood for about \$11 a person. Arnaud's Restaurant, 811 Bienville, whose speciality is oysters, is another fine restaurant that features Creole cooking.

About that tan you want to get. The average temperature in New Orleans in March ranges between 60 and 80 degrees. On can lie out in the sun on one of many nearby beaches.

New Orleans also has some of the best southern fishing around.

Sightseeing in New Orleans is like a journey through the past with all of the landmarks and historical sites preserved. You

can shop in the open markets of the French Quarter or go to one of the fine museums around town.

The New Orleans Jazz Museum, 340 Bourbon St., has a unique collection of instruments and a history of jazz. The Confederate Museum, 929 Coup St., contains all sorts of Civil War memorabilia. The Louisiana Wildlife Museum, 400 Royal St., is a natural history museum with many fine exhibits.

Accommodations in New Orleans vary in price, yet most hotels are between \$35 and \$50 a night for double occupancy.

The Bourbon Orleans Ramada, in the French Quarter ranges from \$40 to \$50 a night for a double. The Noble Arms Inn, also in the Quarter, has kitchenettes in each room, and is \$40 a night for a double. The Hotel LaSalle, 1113 Canal St., is \$35 a night for a double room.

There are many ways to get to New Orleans from Lansing. If you want to go by plane, there are excursion fares to New Orleans from Lansing and Detroit. You must make your reservation at least one week in advance and you must stay in New Orleans for at least one Saturday. The excursion fares fill up rather quickly.

From Detroit the roundtrip excursion fare is \$167. From Lansing the roundtrip fare is \$166. The regular fare from Detroit is \$278 and from Lansing it is \$270.

Amtrak trains go to New Orleans from Lansing and the cost will be about \$160. Driving costs depend upon the cost of gas and how many miles a car gets to the gallon, but it is about 1,200 miles from Lansing to New Orleans.

New Orleans is a city with its own style and heritage that offers many things unique to the city.

MAINTENANCE AVOIDS PROBLEMS ON ROAD

Car needs to be in good shape for trip

By SUSIE BENKELMAN
State News Staff Writer

Five or six students packed into a mid-sized car for a trip out of state may be able to handle the long, rugged ride, but the question is, can the car?

If a car is running smoothly and has been maintained, it can handle a trip to Florida, Colorado or any other popular spring break destinations, said Tom

Freel, the American Automobile Association spokesperson for the Detroit Auto Club.

Car owners have followed the maintenance record in their owners' manuals shouldn't have any problems and should not have to have their car examined before a trip, Freel said.

"WE DON'T ENDORSE seasonal tuneups because if you've

followed a maintenance program it will cost you the least amount of money and time," Freel said. "If you put them off to do all at once, you'll have a higher repair bill."

Many people, however, have neglected their cars' maintenance and will need to have their cars checked before taking off on a trip, Freel added.

"If you have neglected your

maintenance record, you should have your car thoroughly examined, including tires and not forgetting the spare, oil change, filter change, antifreeze, that sort of thing," Freel said.

"What to take depends on the competency of the person available to do repairs," Freel said. "For a person who has no mechanical ability, he or she should not take a tool kit.

BUT FOR A person who does, a pair of pliers and a screwdriver might come in handy," he said. "If you take things beyond that, you had better be able to use them."

Along with a tool kit, Freel recommended including road flares, jumper cables, a distress flag to hang in the window or on the antenna and roadside reflectors.

Cycling fun

(continued from page 3)

should be balanced, and the more streamlined they are, the less wind resistance they cause.

"I'd much rather ride in the rain than against the wind," Frey said.

To minimize injuries and fatigue, bikers must develop a good riding technique. Most pedal too slowly in too high a gear, a practice that leads to knee problems, the Hoyts say. A touring cyclist should never drop below 60 revolutions of the pedals per minute.

To avoid heat stroke, carry water and drink before you get thirsty. A cyclist can sweat away over two quarts of water before feeling the subjective sensation of thirst, the Hoyts say.

A BIKE OVERHAUL is a must before you start on a trip. Check spokes, brakes, and tires particularly, Frey said.

To go further afield, combine cycling with public transportation. Greyhound and Amtrak will accept a bicycle in a box as part of your luggage allowance. Boxes are available at a bike store or Amtrak will sell you one for \$4.

Airline regulations differ, so it's best to call the airline you will be using.

NEED A BONG?

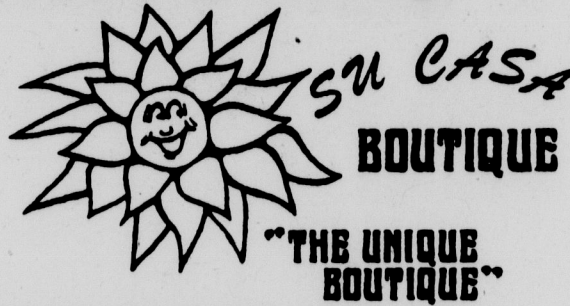
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New York: Take a bite out of the 'Big Apple' this spring break

By WILLIAM CORNISH

No one could ever get bored in New York City.

As the largest city in the United States, "the Big Apple" offers a tremendous variety of activities for just about anyone.

You can find world-famous tourist attractions, almost any type of restaurant imaginable, a fashion district, museums and hot dog and pretzel vendors on the sidewalks all over town.

Many tourist attractions are not terribly expensive. At the Empire State Building, for example, admission costs \$1.94 for adults and \$.97 for children, and is open from 9:30 a.m. to midnight. The Statue of Liberty, \$1.50 and \$.50 for children under 12, has hourly tours beginning at 9 a.m. and running to 4 p.m. The World Trade Center observation deck is open from 9:30 a.m. to 9:30 p.m., with prices ranging from \$2 for adults to \$1 for children and \$1.25 for senior citizens. On a clear day from the World Trade Center you can see New York, New Jersey, Pennsylvania, Connecticut and Massachusetts.

You can tour the Pan Am building, for variety, or sit in on a General Assembly meeting in the United Nations building.

And, of course, there's Broadway with all its theaters. Radio City Music Hall is a favorite of tourists; you may have to wait in line several hours to get a seat.

Transportation around New York City can even be fun. A one-hour Staten Island Ferry trip will cost you only 25 cents. Or, if you prefer land travel, the underground subway system is "an experience in itself," says David Cohen, MSU student and former New York City resident. Each token costs 50 cents. The George Washington Bridge, which costs 50 cents (25 cents on Saturday nights and Sundays), connects the Big Apple to New Jersey.

For the jogger, romantic or penny-pincher there is Central Park, which offers some scenic beauty in the heart of the city. Roller skates are available, as are the famed park benches.

Eating places abound. There is something for everybody in all parts of the city. One of Cohen's favorites is Mama Leone's Italian Restaurant, but there are many others, ranging from fast food places to elegant dining spots, he says.

If you visit New York City, you can't bypass the stores. Macy's, Gimbel's, and Saks Fifth Avenue are only a few of the large stores, and there are many smaller ones as well, including specialty shops for almost anything.

F.A.O. Schwartz is the world's largest toy store, for the youngsters in your life or for the child in you. In Greenwich Village around Washington Square, artists show and sell their wares.

Museums abound and attract thousands of tourists yearly. American Museum of Natural History is the "best museum in the world," Cohen says. There is no admission charge, but donations are accepted. Cohen also mentioned the Metropolitan Museum of Art and the Hayden Planetarium as places visitors should see.

For those so inclined, churches of all the major denominations can be found. For tourists, St. Patrick's Cathedral is the most famous.

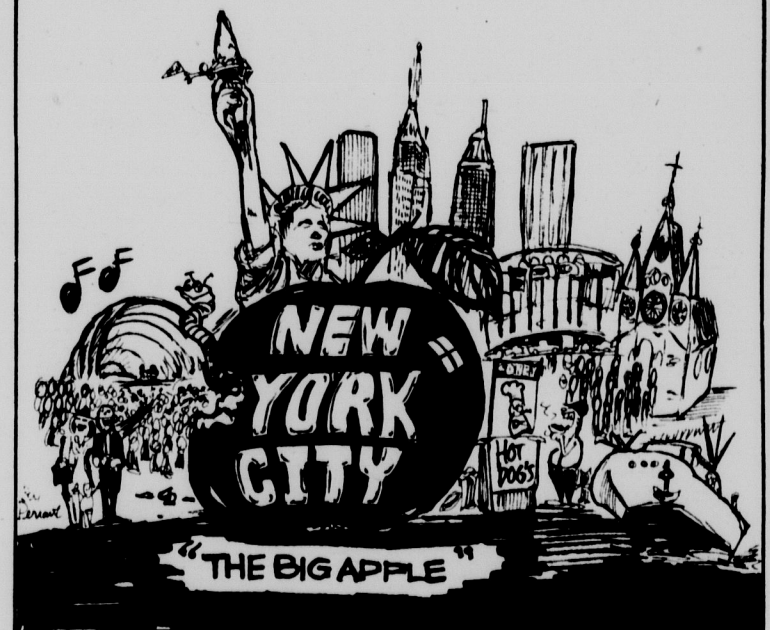
Night life is popular in the city. One renowned disco, big with movie stars, is Studio 54. As for night clubs, there is the theater district, one of the most popular spots in the city.

A multitude of hotels fills the Big Apple, from the plush Waldorf-Astoria on down. Many major hotel and motel chains are represented, along with the less expensive places.

All of the places mentioned here are located in Manhattan. Other sights can be seen in the other boroughs as well, but Manhattan is the main business and tourist center.

And don't forget that the city lies on the East Coast. Many ocean-bound ships can be seen on the Hudson River, including huge oil tankers and metal carriers. The older ships with masts can also be seen in the harbor.

The March weather is



"crazy," Cohen says. Most of the time a light jacket will do, but sometimes the weather is temperamental. March is a wet month; occasionally there is a little snow, but it is "nice at times," he added. Temperatures are "cool to cold."

Transportation to New York City is easiest by plane. Three large airports serve the city: LaGuardia, Kennedy and Newark. Prices are good when excursion fares are available, but you should get those quickly, as they go fast. For example, round trip excursion fare to Newark from Lansing for as little as \$163. Regular fares may reach \$200 round trip. United and Republic airlines serve Lansing; United can give you one-stop service straight

through, while Republic will transfer you in Detroit to another airline.

Trains or buses are a little cheaper, but take more time. Amtrak will take you into Grand Central Station or Penn Station through Chicago on coach (\$148.50 excursion, \$178.50 regular fare, \$262.50 first class). They also offer a sleeper car service. Greyhound can take you into the city from East Lansing for \$147.75 round trip.

New York City is one of the most popular vacation spots in the United States, and for good reason. If you have a little extra money stored away for that dream vacation, this may be just the place you're looking for.

Chicago offers many activities

By JANET CHMURA

As spring break approaches, many students are looking for an inexpensive alternative to the traditional Florida trek.

For \$100 students on a budget can enjoy three days and two nights in Chicago.

Key Tours Inc., offers round-trip rail fare between East Lansing and Chicago on Amtrak and two night's lodging at the Downtown Holiday Inn for \$65. The cost for each additional night's lodging is \$17.

Amtrak leaves East Lansing daily at 8:10 a.m. and arrives in Chicago at 11:35 a.m. The train returns from Chicago at 4:15 p.m. daily and arrives in East Lansing at 9:22 p.m.

The Downtown Holiday Inn, located within walking distance from many of the city sights has a pool, racquetball and tennis courts, saunas, exercise, steam and massage rooms.

The Museum of Science and Industry, on the lakefront, features 75 exhibit halls with about 2,000 displays that explain principles of science and how they apply to everyday life.

Visitors push buttons, turn cranks, and lift levers to see, listen and learn about technology. The evolution of automotive, rail and airline transportation can be traced along with tours of a full-sized working coal mine and a captured German submarine. The museum opens daily at 9:30 a.m. Admission and parking are free.

The Watertown Place, a seven-level shopping mall, is fascinating to see and browse through. Its glass-enclosed elevators and escalators carry shoppers to more than 100 shops and boutiques. For a quick lunch, D.B. Kaplan's Restaurant on the seventh floor offers 300 kinds of sandwiches.

Three blocks from the Watertown Place, the Great Gritzbe's Flying Food Show features both dessert and cheese bars. The dessert bar has various cakes and cookies, puddings, candies and sundaes.

The cheese bar offers an assortment of cheeses from chocolate chip to Swiss. One of Chicago's newest and most attractive restaurants, Gritzbe's varied entrees make lunch or dinner a unique eating experience.

The Sears Tower is an interesting

place to visit. The 103rd floor "Skydeck," 1,353 feet high, offers a panoramic view of the city. The Skydeck is served by two elevators daily from 9 a.m. to midnight. Admission is \$1.50.

At night, the bars, disco and restaurants on Rush Street, Chicago's entertainment center, come to life.

In the heart of Rush Street, Second City presents a show that features comedians who haven't been "discovered" yet. Skits ranging from the hazards of riding a Chicago bus late at night to test tube babies — Tijuana style — offer an evening of laughs. Comedians John Belushi and Dan Ackroyd began their careers there and the acting style is similar to their's. During the late shows, impromptu skits are performed from ideas submitted by the audience. Shows are nightly for \$5 to \$5.50.

The Earl of Old Town attracts an audience of all ages with its live folk music. This singalong bar serves inexpensive drinks until 4 a.m.

Although Chicago can't offer "fun in the sun," it does offer a variety of interesting activities at moderate prices.

**BILL TEMPLETON****Breaking away...**

Every year, at just about this time, the snow and the ice begin to melt. With this most welcome disappearing act, another equally miraculous event takes place.

As the winter term blues are replaced with thoughts of Frisbee throwing, softball and wasting away on those long spring afternoons, my mind is filled with thoughts of the previous three springs, which I spent in East Lansing.

This will be my last spring term, and though I am fully aware that there are numerous others also counting down the days until graduation, the theme of this tabloid gave me the idea for this column. I need to "break away."

As a resident assistant in Armstrong Hall, I am faced daily with hassles, problems and dilemmas, which only those crazy enough to take on a job of this nature can understand. I mean, how many "normal" college students have had their room window broken twice in one term?

Although I was fully aware that being an R.A. was more than just a single room and free residence hall food for a year, I still feel a certain, special need to "break away."

After all, when June finally gets here, I will never again have to take classes such as Journalism pick-your-own-number. No, then I will be cast mysteriously into "the real world."

No more Christmas breaks. No more spring breaks. No more summer vacations. It's really quite scary when I think about it all, so I've just been trying to hang on for these last few months and not flunk out before they retire my student number.

But then again, don't we all need to get out of here for a while? Is there really any one person who can honestly say that a week away from MSU won't do him or her just a little good?

Sure, there is a lot of people who go home for weekends. There is a lot who go home every weekend, which I think is sad.

I am fully aware that being away from your hometown honey isn't all that much fun, and many people go home to work or help out on the farm, but going home every weekend would take away that certain sense of relief that I get when I once again can "break away."

College is truly a time to grow up and mature, so when graduation day finally rolls around, you will be well-equipped to go out and set the world on fire. It is also a time to make lasting friendships and gain experiences.

Yes, I will "break away" once more from MSU, and come back after spring break all set to go for one last term. Knowing that I'll never be named to the dean's list or qualify for scholarly awards doesn't bother me at all. I've grown because of MSU, and the pride I have because of my association with this University is unmatched.

Watch for ripoff auto mechanics

(continued from page 4)

ALTHOUGH **OTHER**
STATES have similar laws, this specific law is applicable in Michigan only, and other states' laws may not be as

strict, Freel said.

Since a CBS 60 Minutes program did an expose on dishonest mechanics in Georgia, the Georgie State Authority has "cracked down"

extensively, Freel said.

"These problems have not been eliminated," Freel added. "But you can minimize them for yourself by being careful and asking a lot of questions."

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Biking

(continued from page 3)

transport the bikers' camping gear, food and equipment. Hersch believes that the dependence of the participants on themselves will further drive home the idea of the needed reliance on human energy.

Energy will certainly be called for, and lots of it. Interested cyclists should gradually build themselves up, well ahead of time, to prepare for the higher-altitude (thinner) atmosphere, as well as the grueling uphill grades which will be encountered.

The tour will take place in early August again this year. It will be a five-day, 260-mile round trip from Crested Butte, Colo., to Aspen and back. Details for this year's Recycling of America bicycle tour can be obtained by writing either Roy Smith or Gil Hersch in care of The Crested Butte Chronicle, P.O. Box 369, Crested Butte, Colo. 81224.

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☐ Sun Glasses
(RayBan)

Tennis Gear

- ☐ Shoes ☐ Racquets
☐ Re-stringing ☐ Balls
(Yamaha, Head, Adidas, P.D.P. Rossignol & Dunlop)

Camping Gear

- ☐ Tents (JanSport, Trailwise, Diamond Brand, Lowe)
☐ Sleeping bag ☐ Frisbee
☐ Camp stove ☐ Stash (bags)

**Skis**

- ☐ Waxed
☐ Sharpened
☐ Adjusted
☐ Ski Bag
☐ Ski Ties

Boots

- ☐ Boot Tree
☐ Fit adjustment
☐ Boot Bag

Misc.

- ☐ PizBuin lotion
(for the sensuous tan)

For You

- ☐ Sweaters
☐ Jackets
☐ Hats
☐ Shades
☐ Goggles
☐ Gloves
☐ 'Wears
☐ Socks
☐ T-Necks
☐ Powder Pants
☐ Bottta (flask)
☐ Sun Screen

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EASILY ACCESSIBLE FROM DETROIT

Windsor: close, convenient fun

By **MICHAEL VEH**
State News Staff Writer
and **MARLENE WAHOWIAK**

Spring Break!

The perfect time to get away and relax. Leave school behind and head for the sun, the beaches and the bars.

But experience says the Southern states aren't always as inviting as they appear. And counting the spare change left after a tour of the Sunbelt can be disappointing, to say the least.

The 38,000 Michigan residents attending MSU (not to mention the hundreds that come from other states) might find Canada a better place to spend a few relaxing days and a few less dollars.

THE DETROIT SUBURB of Windsor, Ontario, is an easily accessible vacation spot for many students, and, despite some unattractive rumors about the Canadian city, there really is enough to keep a tourist busy for several days.

Activities vary with the type of weather but an attraction is any city is the night life. And, of course, an important notation is that the drinking age in Canada is 18.

One small jazz club in the city is the Radio. Located on Oulette Street, Radio has a live band and charges no cover. The staff at the club is professional and service actually comes with a smile (something you don't find often in East Lansing).

AMONG THE MANY small bars are such popular ones as Coco's Disco and the Fore and Aft Lounge in the Holiday Inn

Riverside. Coco's is located in the center of town and draws a diverse crowd. The Fore and Aft looks out over the Detroit River and, at night, even a view of the Detroit Skyline can be attractive.

Two of Windsor's many restaurants deserve special attention. The Tunnell Bar-B-Que, located near the Canadian end of the Tunnel, has received good reports from many patrons.

The Top Hat Restaurant is an excellent place for a fancier dinner. The Top Hat features live entertainment nightly and the dinner prices are reasonable.

OF COURSE, THERE are also the movie theaters if the bars become too much to handle. Several theaters are located near the downtown area and the prices for tickets are a bit less than the prices in Michigan.

Other attractions in the area include the Hiram Walker Distillery in Amherstburg, Ontario, only 20 minutes away from Windsor. Niagara Falls is only another three hours to the east, as is Toronto, and trains will take a visitor to any part of the country at a relatively small cost.

Several additional items add to the attractiveness of a trip to Windsor. The current rate of monetary exchange, though constantly fluctuating, converts American money into attractive, colorful Canadian money — in greater denominations.

ANOTHER POINT IN favor of Windsor is its location. Only a short distance from Detroit,

Windsor is still in another country. To the large number of students from the Detroit area this may not be much of an attraction but to the student from Iowa who has never been out of the United States, it can be attractive indeed.

Another favorable aspect of

Windsor is that it is easy to escape the city confines. Unlike Detroit and other major cities, Windsor does not go on for miles and miles. After a few minutes of driving, the city is far behind and the Canadian countryside can be seen on all sides. It is very easy to leave the big city

atmosphere, if it starts to close in on you.

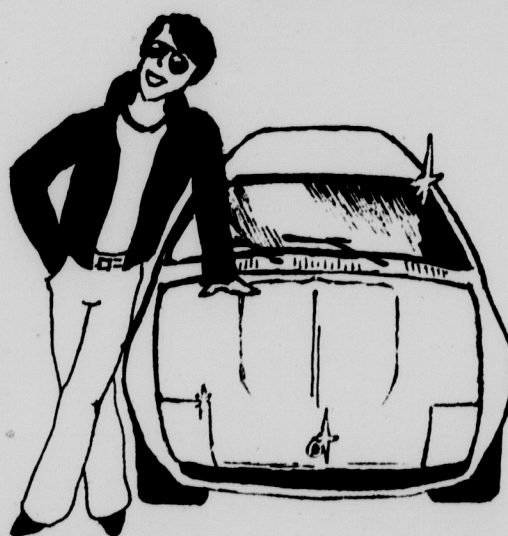
To the tourist visiting Windsor the best advice is explore. The city is filled with interesting things to do, and, if you take the time to find them, you'll have an interesting and entertaining visit.

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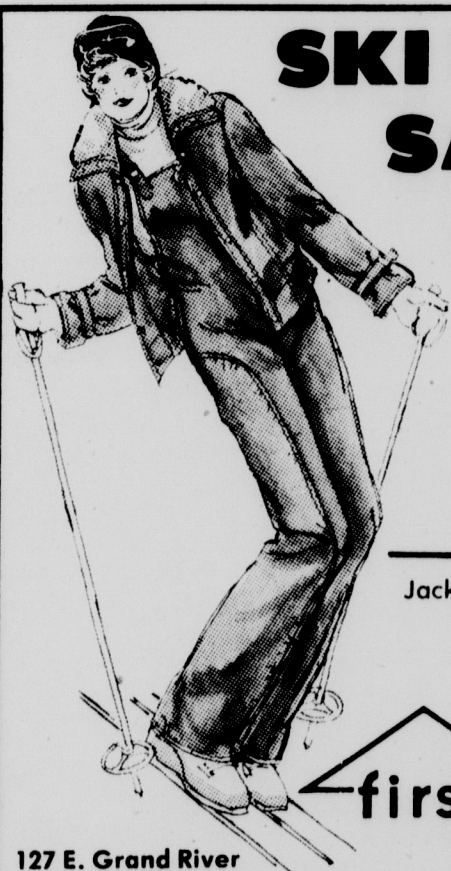
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LAURIE SCHENDON

Tips for Florida-bound travelers

If you are planning to join the thousands of Florida-bound students during spring break who do not have much money, a place to stay or much experience at camping, here are some tips from me, who gained this first-hand experience last year.

The first problem my three companions and I encountered was one of space. But, we quickly learned that four sleeping bags will make comfortable seat covers when rolled out — putting two in the front seat and two in the back works wonders. Leave the pillows at home because you can use sweat shirts stuffed with other clothing or a laundry bag.

No one will follow this advice, but you really do not need three dress outfits and different beach clothes for each day you will be there. One good outfit and a good pair of jeans will take care of the basic student's night life.

If you are looking for a convenient campground with showers, electricity and a small store for essentials, then the KOA campgrounds are for you. They are — sort of — the camper's Holiday Inn. If two people want to play on the swings while the other two are registering, you might get in for as little as \$8, barring inflation.

Make sure your tent is waterproof. Remember, it soon won't be if you spray mosquito repellant on the inside.

You can probably find a campsite for one or two nights without reservations, but after that you will have to take your chances.

My friends and I were not much at building fires, so the three young gentlemen staying next to us were kind enough to inform us that there are better ways to make a fire than by squirting lighter fluid on a log every three minutes. Kindling wood and paper logs can work much better and stay lit longer, we learned.

A final tip — you will save money if you can cook at your camp and keep food in a cooler, which will leave a majority of your cash to spend on other needed refreshments.

Riding stables a local alternative

One of the more exciting local forms of recreation you can find over spring break is horseback riding at the Crazy "C" Riding Stable, 1760 Kelly Road, Mason.

With 200 acres of riding trails and woods, and a large range of horses, the Crazy "C" can accommodate many individuals or groups, said Pete Dillingham, owner of the Crazy "C".

Beginning March 1, it will be open every day except Mondays. On weekdays it costs \$5.50 an hour to ride, and on weekends it costs \$6. With a group of 15 or more, a 50-cent price reduction per person is available.

"We ask people their riding ability, then gauge the horse to the rider," said Linda Stranahan, a volunteer at the stable.

Sunset rides and moonlight rides are also available in the spring, Dillingham said. Groups interested in hayrides or campouts should contact the stable for further information, he added.

The Crazy "C" Riding Stable has been operating for 17 years. Riders assume their own risk while on horseback. Group lessons will soon be available in a five-week course, Dillingham said, at a cost of \$25 per person.



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Spring fashions brightly colored, less cluttered

By CINDI DUBEY

Spring fashions for women have arrived — just in time for that pre-break shopping — in a wide variety of bright colors and styles.

Unlike last year's many-accessories look, this year's spring fashions are cleaner and less complicated.

What does remain from last year are the bright colors.

To highlight this year's fashions, designers have chosen terry cloth and sweatshirt material.

J.L. Hudson Co.'s theme, "California comes to Hudson's," sums up this year's colors and styles.

Hudson's, in the Lansing Mall, like many other area stores, is featuring sweatsuits for everyday wear.

Crowd Pleasers, carried by Hudson's, makes terry cloth separates in purple, green, white and black. Sweatpants are \$25, jackets are \$34 and matching t-shirts are \$14.

Also carried by Hudson's are Jantzen coordinates in terry cloth. The set comes in orange or blue and shorts sell for \$14, long sleeve tops \$24 and t-shirts \$14.

Both Hudson's and Jacobson's, 333 E. Grand River Ave., carry Izod in their young boys departments. This is ideal for beating "big girl" prices while still getting quality merchandise. Terry cloth shorts are \$9 and matching short sleeve tops are \$11. The set comes in a wide variety of bright colors.

Town and Country, 411 E. Grand River Ave., features dressy terry cloth tops in either yellow or red prints for \$15.

The Scotch House, 313 E. Grand River Ave., carries a wide variety of terry cloth sweatsuit separates made by The Twins Inc. Sweat pants sell for \$27, shorts \$13, jackets \$29 and tube tops \$12.

Spare Parts, carried by Hudson's, makes a long sleeve sweatshirt top in both pink and blue that retails for \$14.

Savvy, 309 E. Grand River Ave., also carries the sweatsuit for everyday wear, with prices beginning at \$12 for mix and match separates.

In addition, Savvy carries windbreaker jackets in orange, blue, purple and yellow for \$30 to give you that "put-together" look for spring.

Florida: Only days from the sun

(continued from page 5)

all the beer we pounded down in the Four O'Clock Club last spring break. And the next day, when we climbed out of bed and out to the pool where we nursed our hangovers with orange juice and vodka.

How abusive. A chill of excitement runs through my body in anticipation of March 15, sun, beer and beer and beer...

"Hey, did you get the last line on that?" I say to the guy next to me, eyeing his paper. APP — ave. physical product, MPP — marginal physical product. Noticing that this is already in the text, I zap back to the sun, miles away from the nearest

econ prof.

Laying on my, "Please don't squeez the Charmin, squeeze me instead," towel, I make a mental check to make sure all of me is getting those rays. *Eight ounces of coconut butter for \$5.95 better equal one dark tan.* I yell to my roommate Sue. She doesn't hear, she is busy scoping out a volleyball game.

"Sorry about the sand," the tall blue eyes smile, "ah, no probab, ah, I mean no problem," I babble, thinking this fox has got to be a native with a tan like that. "So what part of the U.S. are ya'll from?" Zap, "You dropped your pen," says the guy next to me in Anthony Hall. "Hey, I said you dropped

your pen," I unconsciously knock it off after he puts it on the desk.

I wonder if Sue will want to take another road trip once we get there. "What did you say?" the guy says. *Cocoa Beach, road trip. Beach dive U.S.A., where Sue is dancing with some man named Grampa and I'm playing pool shark with his buddy. Gatoring till three in the morning then driving back to Fort Lauderdale and ending up crashing in Dunkin' Donuts because we can't find Lauderdale. What a night.*

"Tomorrow I'll hand back your exams at the end of the hour," my prof says. *I don't hear him. Eight days left of econ, 4 days of psych, 6 English...*

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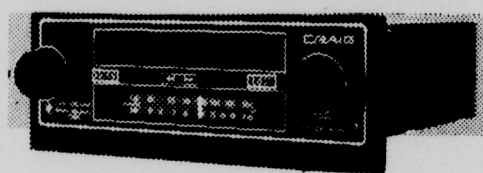
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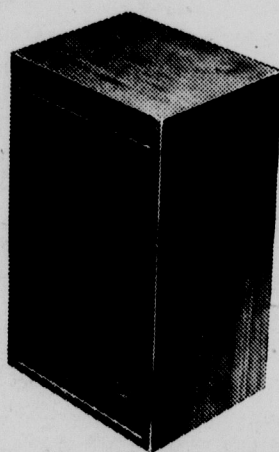
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