









## DOMESTIC ECONOMY.

**TEA BISCUIT.**—One pint thick, sour cream, one teaspoonful soda, one teaspoonful cream tartar. Flour sufficient to roll out, and bake in a quick oven.

**SODA BISCUIT.**—One quart of flour, one tablespoonful of lard, one teaspoonful of soda, two teaspoonfuls of cream tartar. Put both in the flour, and wet with sweet milk.

**JELLY OF IRISH MOSS.**—Irish moss, half an ounce; fresh milk, a pint and a half; boil down to a pint; remove any sediment by straining, and add the proper quantity of sugar and lemon juice or peach water to give it an agreeable flavor.

**FLAX-SEED LEMONADE.**—Four tablespoonfuls flax-seed, whole, one quart boiling water poured upon the flax-seed; juice of two lemons, leaving out the peel; sweeten to taste; steep three hours in a covered pitcher; if too thick, put in cold water with the lemon-juice and sugar. Good for colics.

**SNOW PUDDING.**—Soak one-half a paper of gelatin in just enough water to cover it; add one pint of boiling water, two cups of sugar, and one lemon; strain it after it is thoroughly cooled, so it commences to thicken; add the beaten whites of three eggs; beat all together until creamy, then turn into a mold. The same is made with a pint of milk and the yolks of the eggs, sugar to taste, and flavor; this makes a thick custard.

**PORTED CHICKEN.**—This is an agreeable relish, and makes a pleasant luncheon when traveling. Take a roast fowl and carve off all the meat. Take two slices of cold ham, and chop it with chicken; add to this one-quarter pound of the best butter; add salt and pepper to taste; now pound this all together in a paster; put the mixture in a jam-pot, cover closely. It will keep in a cool place ten days, or long enough for any moderate journey.

**BAKED SOUP FOR INVALIDS.**—I find this receipt of use for invalids. It is easy to make and cooks cannot well blunder. Take a pound of juicy steak, from which all the fat has been removed; cut it up in pieces of about an inch square, salt and pepper it slightly; take a stone jar to hold two pints; pour into it a pint and a half of cold water, a teaspoonful of whole rice; cover the jar with a saucer, and let it bake slowly for four hours; remove any fat present.

**ANGEL PUDDING.**—Two ounces of flour, two ounces of powdered sugar, two ounces of butter melted in half a pint of new milk, two eggs; mix well. Bake the above in small patty pans until nicely browned, and send to table on a dish covered with a serviette. A little powdered sugar should be sifted over each pudding, and slices of lemon served with them. The eggs must be well beaten before they are added to the other ingredients.

**SWISS PIE.**—Three pounds rump steak, six mutton kidneys, cut the steak in moderate pieces and split the kidneys and put both on the fire with enough water to cover them, with a Spanish onion cut in small rings and seasoned with pepper and salt. Have some potatoes ready boiled, but not too much; cut them in quarters, brown them and put round dish in rows on the top of the meat. A pretty way of dishing this is to put it in a game-pie dish.

**SOUTHERN LA BONNE FEMME.**—Take a pound of sorrel and cut it first into narrow ribbons; then, slawwise, into diamonds; put it in a stewpan and stir it on the fire, with half pound of butter, with salt, and it may be with one ounce of flour; then add five or six pints of fowl or chicken broth, and let it simmer gently for half an hour; take it off the fire, and add a dozen of six yolks of eggs and a tumblerful of good cream; finish it with a bit of butter, and serve it with crusts. *Bonne Femme Maigre.*—Omit the flour; put water for broth, and use cream of rice instead of cream.

## REMEDY FOR COLD FEET.

We suggest a very simple, but efficacious remedy for cold feet: Procure two strips of zinc of about the width of the sole of your foot, and sufficiently long to reach from the toes to the heel; to these have riveted, with copper rivets, pieces of copper that will reach from the hollow to the heel, but not beyond it. Have these combined strips of copper and zinc cut as near to the form of the foot as possible, and, on going to bed at night, place them next to the soles. To secure them in their places, draw over each foot a stocking. This simple remedy, we guarantee, will, in every case of cold feet, prove efficacious. The zinc should contain little or no lead. The quality of the zinc may be known by its brittleness, as pure zinc will never "lap" over. These "magnetic soles," for such we shall call them, will also correct that disagreeable complaint to which many persons appear to be constitutionally subject—viz., *sway back*. Of course, it is understood that the magnetic soles are to be worn only in bed, as it would be too uncomfortable to walk with them. *New York Times.*

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## THE EDITOR AND THE SWEET SINGER.

He was a consumptive-looking young man, with a hollow eye, long hair, a chronic Byronic frown, and gloomy-tinted finger nails, as it were. In fact, he was so evidently a poet that the editor scowled as he entered, and let off an internal oath at the fighting editor for always being out when he was most wanted.

"I notice," said the bard, in a gentle and conciliatory voice, "that one of our prominent pioneer citizens, Mr. Julius J. Juniper, died this morning, and I thought that maybe you'd like a few appropriate verses referring to the sad event."

"Nary verses," said the editor, snapping his watch impatiently. "Wouldn't it—er—wouldn't it care to throw the lambent glow of poetry around the mystery of the hereafter, then. Don't wish to gild the portals of the tomb with harmonious sympathy and hope, eh?"

"Not a gild," said the editor. "Of course, it—er—the contribution would be a gratuitous one," explained the sweet singer, earnestly.

"That's our schedule price for poetry," said the pencil nibbler, grimly. "I observe that the rain has come at last," remarked the poet, after an awkward silence. "Don't it strike you that a few graceful stanzas beginning: 'Hail! hail! the rain of joy! hail! hail! upon the thrashing ear!'"

would form a leading attraction for your weekly edition?"

"Fraid not," ejaculated the abstracted sweet-shower.

"How would a little religious poetry go with your readers during the present revival?" suggested the discouraged young man.

The editor shook his head. The visitor gave a despairing sigh.

"Perhaps something more lively would better hit the popular taste. What would you say to a humorous incident, in verse, of the late campaign?"

"I should say good morning," returned the callous crusher of genius, significantly.

"Very well, then," said the young man, in so heart-broken and sepulchral a tone that even the dramatic editor looked round. "Do you see this manuscript?" and he pinned a paper to the lapel of his coat. "It is the last note of the dying swan—a poem entitled 'The Nightingale's Farewell to Earth,' by Tennyson Frigate. It will be found on my drifting corpse to-night. There are four copies—one for each of the dailies. I am bound to get in somehow. Farewell! farewell!" and, bursting into tears, the wretched youth hastily left the office and walked rapidly toward the bay.

## THE ORIGIN OF THE PLOW.

Not only the beginning of agriculture, but the invention of the plow itself, is prehistoric. The plow was known to the ancient Egyptians and Babylonians, and the very existence of these nations points to previous thousands of years of agricultural life, which would have produced such dense, settled and civilized populations. It was with a sense of the old plow had done for them that the old Egyptians ascribed its invention to Osiris, and the Vedic bards said the Aevins taught its use to Mannu, the first man. Many nations have glorified the plow in legend and religion, perhaps never more poetically than where the Hindoos celebrate Sita, the spouse of Rama, rising, brown and beauteous, crowned with corn-ears, from the plowed fields; she is herself the furrow (*sita*) personified. Between man's first rude husbandry and this advanced state of tillage lies the long interval which must be filled in by other than historical evidence. What has first to be looked for is hardly the actual invention of planting, which might seem obvious, even to rude tribes who never practice it. Every savage is a practical botanist, skilled in the localities and seasons of all useful plants, so that he can scarcely be ignorant that seeds or roots, if put into proper places in the ground, will grow. When low tribes are found not tilling the soil, but living on wild food, as apparently all mankind once did, the reason of the absence of agriculture would seem to be not mere ignorance, but insecurity, roving life, unsuitable climate, want of proper plants, and, in regions where wild fruits are plentiful, sheer idleness and carelessness. On looking into the condition of any known savage tribes, Australians, Andamanians, Botocudos, Fuegians, Esquimaux, there is always one or more of these reasons to account for want of tillage. The turning point in the history of agriculture seems to be not the first thought of planting, but the practical beginning by a tribe settled in one spot to assist nature by planting a patch of ground round their huts. *Popular Science Monthly.*

## YOUR OWN BUSINESS.

When a man learns to mind his own business and only that, he is on the path of social safety. It is hard to tell a man to mind his own business in plain terms, yet it is one of the simplest rules of conduct, and the most useful that mankind can adopt in their intercourse with each other. There is a great deal of Paul Pry spirit in the human heart, or, wonderful ingenuity in regard to the personal and private affairs of friends and neighbors. This spirit makes more mischief in the community than almost any other cause. Let every man mind his own business, and there will not be half the trouble in the world that there is at the present time.

A Vermont farmer wrote me a long letter, and in it he said: "I have never yet found a live item in that paper but once." "When was that?" "When my grocer wrapped up a pound of cod in it. In that copy I found a number of live items." "Yes, but then the editor was not to blame for it."

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## HE DIDN'T BURN.

The following extract from an article in the Boston Commonwealth gives a good illustration of the tremendous power of printer's ink:

Speaking of newspapers leads me to say that the extended advertisement as we know it originated with George W. Simmons, after he started his "Oak Hall," and it is now fully forty years since it appeared. That enterprising and "original" merchant wrote a lengthy story of his establishment's wares and sent it to the *Poe*, with directions that it should make a column in length. The announcement was a revelation in the counting-room. No such enormous advertisement was ever carried in that office.

Mr. Beals was his stockholder and looked at the order a second time. He sent Mr. Slack, the quarters-of-a-century old factor of that office, down to Ann street to see if a mistake had not been made. "No," said Mr. Simmons, "that is what I want—a column of space. Put it in just as marked, and come down for your money." It was accordingly done as directed, and there was a sensation. When Mr. Beals handled the first check in payment he was about as much astonished at the ease with which it was drawn as he was when the advertisement came in. Everybody talked of the richness of the proprietor of "Oak Hall." The street was full of clothing stores, from Union street to Center street. The crowd began to assemble at "Oak Hall," and often, by 10 o'clock, the store would be so full that Mr. Simmons had to lock the outside door from inability to let in any more. Then the crowd loitered on the sidewalk, and made even more commotion for that usually quiet neighborhood. Simmons' neighbors in the trade held, at one of their stores, a meeting, over which Nat Gale, now of Chelsea, presided, to see what they would do about this extraordinary state of things. They concluded that they couldn't do anything if Simmons kept on in the way he began, except to wait and see him "burst up" before long. The longer Mr. Simmons kept doing it, the longer was postponed his explosion. The fact was, he made an immense trade and reaped a profit correspondingly.

CHARLES NELSON, Esq., a proprietor of the Boston Commonwealth, recently asserted: "I suffered so much with Rheumatism that my arm withered, and physicians could not help me. I was in despair of my life, when some one advised me to try St. Jacobs Oil. I did so, and as if by magic, I was instantly relieved, and, by the continued use of the Oil entirely cured. I can thank heaven for having used this wonderful remedy, for it saved my life. It also cured my wife." *—Port Huron Commercial.*

## THE NEWSPAPER REPORTER.

The *Printer's Circular*, in an article upon newspaper reporters, remarks:

"We owe not a little of the pleasures we derive from newspapers to the exertions of the reporters. The editor may elaborate and comment upon the news of the day, but the intelligent reader, if in possession of the same facts, is quite able to do this for himself. The most popular newspapers, other things being equal, are those which employ the best reporters, the largest number of them, and which allow them the largest liberty. It is a hard liberty, yet there is a sort of liberty attached to it, which, combined as it is with the severest discipline, gives the business its attractions, while preparing the incumbents for higher positions. It is by this reportorial experience that the editor learns how to come near the public, and how to find just what is the opinion of the people; and, if he is wise, he will bear in mind this part of his professional life. The reporter is often pointed in his observations, sharp, shrewd, and at times sarcastic. It could hardly be otherwise. No class of men come into such close contact with all other classes, and none see so clearly and near at hand the shams and follies of the times. None are therefore better able to 'hold the mirror up to nature.' He is sometimes a little severe in noting the follies of the day; but does he not know, after all, that readers generally apply the sarcastic remarks to others, and reserve the tender touches for themselves?"

When about twelve years old said Mr. Geisman, of the Globe Chop House to our representative, I met with an accident with a horse, by which my skull was fractured, and ever since I have suffered with the most excruciating rheumatic pains. Of late I applied St. Jacobs Oil, which has given me almost total relief. *—Port Wayne (Ind.) Sentinel.*

The loyalty of the Southern women to the Confederate cause was proverbial. A Mobile miss who had a pet poodle sitting on the front piazza, one afternoon, while a detachment of troops was passing. Suddenly the little favorite darted from her lap and ran toward the garden gate, barking furiously. His mistress rushed into the hallway, crying as if her heart would break: "Oh, ma, ma, come down-stairs. I'm afraid (typ) will bite the army." *—Brooklyn Argus.*

In ancient days, in Spain, the dead were robbed, according to their sex, in the garb of monk or nun, and thus buried, a practice which gave rise to the peasant dictum, "Only nuns and monks die in Spain!" But now they are buried according to taste, in white, or, more often, in their ordinary clothes; a tribe would be laid out in the white baby clothes, a bride in her wedding dress.

## IT IS WORTH A TRIAL.

"I was troubled for many years with Kidney Complaint, Gravel, &c. My blood became thick and I was dull and inactive, could hardly walk, and would not be able to hold my urine, and could not get to bed until 12 o'clock. I tried many remedies, but all failed. I then tried St. Jacobs Oil, and after using it a few days, I felt better, and after a week I was able to hold my urine, and after a month I was able to walk, and after three months I was able to hold my urine, and after six months I was able to walk, and after nine months I was able to hold my urine, and after twelve months I was able to walk, and after fifteen months I was able to hold my urine, and after eighteen months I was able to walk, and after twenty-one months I was able to hold my urine, and after twenty-four months I was able to walk, and after twenty-seven months I was able to hold my urine, and after thirty months I was able to walk, and after thirty-three months I was able to hold my urine, and after thirty-six months I was able to walk, and after thirty-nine months I was able to hold my urine, and after forty-two months I was able to walk, and after forty-five months I was able to hold my urine, and after forty-eight months I was able to walk, and after fifty-one months 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